



SHEPHERD'S CARE FOUNDATION

Volunteer Position: **Mealtime Companion**

Reports to: **Rec Therapist (Direction from RN)**

Purpose: **Enhance the safety and enjoyment of the mealtime experience of residents by assisting with feeding of daily meals to residents with low level feeding assistance needs only.**

Job Description/Responsibilities: **Responsibilities range from keeping residents company and encouraging them during the meal to feeding those with low level feeding assistance needs who cannot feed themselves.**

Site/Location: **Various**

Days/Times: **Breakfast is from 8:30 – 9:30 am; lunch is from 12 – 1 pm; dinner is from 5-6 pm.**

Time Commitment: **This is an ongoing position that runs throughout the year. We request a minimum commitment of 25 hours for all volunteering positions.**

Dress Code: **Closed toe shoes; no scented products please.**

Required Qualifications: **This position requires a minimum of 25 hours of previous volunteering with Shepherd's Care Foundation and the completion of the SCF Mealtime Companion Feeding training Course.**

Desired Attributes: **Patience, compassion, empathy, confidentiality, advocacy, friendliness, personable.**

Training and Support Provided: **Organizational Orientation, Job specific orientation, SCF Mealtime Companion Feeding Training..**

Expected Outcomes: **With appropriate training, volunteers can provide the support, companionship, and encouragement at mealtimes that will have a significant and positive impact on the residents' quality of life and overall health.**

Benefits to volunteering: **To gain education/work experience; to give back and make a difference in people's lives and the community; to experience personal growth and development.**

Name _____

Date: _____