



## SHEPHERD'S CARE FOUNDATION

**Volunteer Position Title:** Rehab Support

**Reports to:** Occupational Therapist-, Kara Straub Rivest

**Purpose:** To provide companionship to residents and implement programming that presents a variety of activities which may include motor activities, puzzles, stories, and sensory-based engagement. Position may also include, portering residents, and assisting residents with exercises as directed by SCF staff.

**Job Description/Responsibilities:** With the support from the Occupational Therapist and SCF staff, the Volunteer will be responsible for implementing a 1:1 program with provided materials that engage resident for positive outcomes. Volunteer will also support PT program in the gym as directed by SCF OT staff.

**Site/Location:** Millwoods- Shepherds Care Foundation

**Days/Times:** Monday, Wednesday, and Friday 4-6pm (Companion); Thursday 9:30-10:30am (Rehab Gym)

**Time Commitment:** This is an ongoing position that runs throughout the year.

**Dress Code:** Closed toes shoes, modest apparel, No scents please.

**Required Qualifications:** Enthusiasm and commitment toward enhancing the resident's daily routine and rehabilitation sessions. Ability to take direction from SCF OT staff. Creative thinking that engages individual. Open communication regarding each resident's performance (e.g., preference for specific activities, level of eye contact from resident and/or shared connections). Confidence to seek support as needs arise.

**Desired Attributes:** Enthusiasm, Empathy, Creativity, Confidence, Communication, Integrity

**Training and Support Provided:** SCF will provide Organizational Orientation and Position Specific Orientation. Mealtime Companion Training is also available if volunteer chooses to progress in this area.

**Expected Outcomes:** Enhancement of quality of life. Through ongoing rehabilitative activities, and experiences. These activities also add to the consistency of the resident's weekly routines. Volunteer will enhance therapeutic programs by being a compassionate and caring extension to services provided.

**Benefits:** Learn new skills. Increase knowledge and support individuals living in long term care. Increase resume with volunteering experience. Receive formal and/or informal Volunteer recognition.

Name \_\_\_\_\_

Date: \_\_\_\_\_

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