



SHEPHERD'S
CARE
FOUNDATION

Innovative, Christian, Age-in-Place Care

SOUTHSIDE MANOR RESIDENTS UPDATE

MAY 26, 2020

COVID-19 GUIDELINES

Thank you to everyone for observing the guidelines for preventing COVID-19. As a result, Southside Manor remains COVID-19 free.

As a reminder, the following guidelines are in place:

- 1. No Visitors.** The best way to prevent the spread of COVID-19 is to reduce contact. Southside Manor is not permitting visitors at this time.
 - If you want to schedule an outdoor visit with your loved one, please call 780-435-3169 and press 3. The full policy is available here: www.shepherdscare.org/covid-19/outdoor-visitation-policy/
 - In limited circumstances, a designated essential visitor may be permitted if the visitor is delivering care. In order to discuss if your loved one meets the definition of designated essential visitor, please have them call 780-430-3613 and speak to Kiran.
- 2. Remain in your suite.** Please remain in your suite as much as possible. Consider using delivery services for routine services like groceries, or ask your loved ones to drop them off for you.
- 3. Wear your mask.** If you do need to leave your suite for essential travel, or to go to the mailbox or laundry room, wear your mask at all times.
- 4. Isolate if you are not feeling well.** If you are not feeling well, isolate in you suite and call 811.

DELIVERED TO THE RESIDENTS OF:
SOUTHSIDE MANOR

THANK YOU HELEN HETH!



We'd like to send a special shout out and thank you to Helen Heth for all of her tireless efforts in keeping Southside Manor beautiful. Over the last few days Helen has shoveled and brushed old fallen leaves – filling at least 8 garbage bags full! Helen also ensured the garbage and gravel left over from when the snow melted was cleaned up. The grounds of Southside Manor look fantastic! Thank you Helen for everything you've done for us.

HAPPY RETIREMENT HELEN DURAND!



Our resident manager, Helen Durand, is retiring on June 1. Shepherd's Care has hired a new individual who will be on staff to help support Southside Manor knowing it is an independent residence. After Helen's retirement on June 1, there will not be a live-in manager at Southside Manor. On behalf of Shepherd's Care Foundation, we wish Helen Durand a happy retirement!

REMINDER ABOUT MAINTENANCE



For all maintenance issues, please call 780-463-9810 for faster turn around.

MAY 26, 2020

PASTORAL CARE UPDATE



**I have found
a friend in Jesus,
He's everything to me,
He's the fairest of ten
thousand to my soul;
The Lily of the Valley,
in Him alone I see,
All my needs to cleanse
and make
me fully whole.**

Today I will be thankful for:

Dear Heavenly Father,
Thank you for the beautiful spring flowers which are returning after their long winter sleep! They didn't worry about anything, did they? Help me Lord, to be like that, knowing that you alone are my strength and shield. May I bloom where you have planted me, may I give off a lovely fragrance of your love, Jesus, to all who come near, may I bring a kind, gentle smile to those who need one today.
Thank you that when I hold a bunch of these lovelies in my hand, they remind me of everyone in my beautiful family, whom you hold lovingly in your strong hand! May I be a joy-bringer to someone today!
In Jesus Name, Amen

FOOD SERVICE CHANGES

Effective June 1, 2020, our strategic partner Aramark will be taking over food service at Southside Manor. There will be no changes to the quality or service levels, or to how you order food.

RESOURCES

If you are feeling unwell or sick: Call 811 and also call us immediately at 780-435-3169

If you need a visit from our pastoral care team: Please call 780-435-3169

If you have been exposed to COVID-19 and cannot leave your suite and need help with laundry or groceries: Please call 780-435-3169

If you have questions about groceries or meal delivery: Please call 780-435-3169

To schedule outdoor visits: Call 780-435-3169 and press 3

All other questions should be directed to info@shepherdscore.org



SHEPHERD'S CARE FOUNDATION
Innovative, Christian, Age-in-Place Care

Website: www.shepherdscore.org

Facebook: @ShepherdsCareFoundationEvents

Twitter: @SCFEvents