




September 2021 Kensington Village Active Living Calendar



Innovative, Christian, Age-in-Place Care


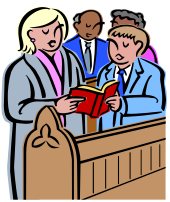



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 9:00 Men's Strength 4ER 10:00 Channel 716 Exercise 10:30 Volleyball LTC 11:00 Word games w/ Maureen 2ML 2:00 Outdoor walks LTC 2:00 New resident meet up with Maureen MFA 2:15 Sensory Cart LTC 3:00 Pet visits with Cynthia And Echo LTC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC No Vanessa	2 10:00 Sit n Be Fit LTC 10:00 Channel 716 Exercise 11:00 Word games w/ Maureen 3IL 1:00 Bus outing to Londonderry \$7 1:30 Word Scramble LTC 1:30 Creative moments IML 2:15 Mind and Body LTC 2:30 Pet visits with Neil & Sherman LTC 2:45 Nifty Nails IML 3:30 Ipad Memory lane LTC No Vanessa	3 9:00 Men's Strength 4ER 10:00 Mini Golf LTC 10:00 Channel 716 Exercise 11:00 Walk With Maureen MFA 1:30 Mental Aerobics LTC 2:30 Ice Cream Social \$1 MFA 3:30 Gentle Stretch MFA No Vanessa	4 No Pam
5 10:00 Worship Service & Communion with Pastor Gerry Paulson 3KVCC 	6 Labor Day 9:00 Men's Strength 4ER 10:00 Channel 716 Exercise 10:00 Name that Tune LTC 11:00 Spa for You LTC No Vanessa No Maureen No Dan	7 9:00 Men's Strength 4ER 9:45 Sit n Be Fit LTC 10:00 Channel 716 Exercise 10:00 Sit n be Fit IML 11:00 Inn meet up with Maureen 3IL 1:30 Hangman IML 1:30 Name that Tune LTC 2:00 The good news is... With Maureen MFA 3:00 Just you and I LTC 3:00 Sensory Cart LTC 3:30 Catholic Mass 3KVCC 6:00 Connect Four Team Challenge LTC	8 9:00 Men's Strength 4ER 10:00 Channel 716 Exercise 10:30 Volleyball LTC 2:00 Entertainment with Wes and Wendy MFA 2:15 Sensory Cart LTC 3:00 Pet visits with Cynthia And Echo LTC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC No Maureen	9 9:00 Men's Strength 4ER 10:00 Bearded Dragon visit with Amanda and Albi LTC 10:00 Channel 716 Exercise 10:00 On this day IML 1:00 Bus outing to Walmart \$7 1:30 On this day LTC 1:30 Word Scramble IML 2:15 Mind and Body LTC 2:30 Pet visits with Neil & Sherman LTC 3:00 Ipad Memory lane LTC	10 9:00 Men's Strength 4ER 10:00 Mini Golf LTC 10:00 Channel 716 Exercise 11:00 Coffee with Fred LTC 11:00 Walk With Maureen MFA 1:30 Music moments LTC 2:30 Ice Cream Social \$1 MFA 3:30 Gentle Stretch MFA	11 10:00 Beanbag Boogey 11:00 Horse Shoes
12 10:00 Worship Service with Pastor Gerry Paulson 3KVCC 	13 9:00 Men's Strength 4ER 10:00 Hymn Sing LTC 10:00 Channel 716 Exercise 10:45 Circle Soccer LTC 11:00 Game of "Things" 2ML 1:30 Baking LTC 1:30 Crafts 2ML 2:30 Veterans and Friends Meeting MFA 3:30 On this Day LTC	14 9:00 Men's Strength 4ER 9:45 Sit n Be Fit LTC 10:00 Channel 716 Exercise 10:00 Sit n Be Fit IML 11:00 Inn meet up with Maureen 3IL 1:30 Spa for you LTC 1:30 Hangman IML 2:00 EPL travel talk MFA 3:00 Just you and I LTC 3:30 Catholic Mass 3KVCC 6:30 Entertainment with the Waltons MFA	15 9:00 Men's Strength 4ER 10:00 Channel 716 Exercise 10:30 Volleyball LTC 11:00 Book Lovers meet with Maureen MFA 1:00 Hymn Sing 3KVCC 1:30 Outdoor walks LTC 1:30 Name that Tunes IML 2:00 Independent Bowling MFA 2:15 Sensory Cart LTC 2:45 Ladder Ball IML 3:00 Pet visits with Cynthia And Echo LTC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC	16 9:00 Men's Strength 4ER 10:00 Sit n Be Fit LTC 10:00 Channel 716 Exercise 10:00 On this Day IML 11:00 Connect 4 w/ Maureen 3IL 1:30 Campfire S'mores CRT 2:15 Mind and Body LTC 2:30 Pet visits with Neil & Sherman LTC	17 9:00 Men's Strength 4ER 10:00 Mini Golf LTC 10:00 Channel 716 Exercise 11:00 Walk With Maureen MFA 1:30 Music Bingo LTC 2:30 Ice Cream Social \$1 MFA Ward 2 council candidate Tyler Zutz will be present. 3:30 Gentle Stretch MFA	18 No Pam



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Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
<p>19</p> <p>10:00 Worship Service with Pastor Gerry Paulson 3KVCC</p> 	<p>20</p> <p>Federal Polling Station MFA</p> <p>9:00 Men's Strength 4ER 10:00 Hymn Sing LTC 10:00 United Church 3KVCC 10:00 Channel 716 Exercise 11:00 Connect 4 with Maureen 2ML 10:45 Circle Soccer LTC 1:30 Baking LTC 2:00 Crafts 2ML 3:30 On This Day LTC</p>	<p>21</p> <p>9:00 Men's Strength 4ER 9:45 Sit n Be Fit LTC 10:00 Channel 716 Exercise 11:00 Inn meet up with Maureen 3IL 10:15 Sit n Be Fit IML 1:30 Name that Tune LTC 1:30 Hangman IML 2:00 The good news is... With Maureen MFA 3:00 Sensory Cart LTC 3:00 Just you and I LTC 3:30 Catholic Mass 3KVCC 6:00 Connect Four Team Challenge LTC</p>	<p>22</p> <p>Fall Begins</p> <p>9:00 Men's Strength 4ER 10:00 Channel 716 Exercise 10:30 Volleyball LTC 10:00 5th Avenue Jewelry WL 1:00 Bible Study 3KVCC 2:00 Monthly Birthday Party With Paul Lamoureux \$3.50 MFA 2:15 Sensory chart LTC 3:00 Pet visits with Cynthia And Echo LTC 6:00 KV at the movies MFA 6:15 Magnetic Darts LTC</p>	<p>23</p> <p>9:00 Men's Strength 4ER 10:00 Sit n Be Fit LTC 10:00 Channel 716 Exercise 10:00 On this Day IML 1:00 Bus outing Kingsway \$7 LTC & SL 1:30 Fall seasonal decorating LTC & SL 2:15 Mind and Body LTC 2:30 Pet visits with Neil & Sherman LTC</p>	<p>24</p> <p>9:00 Men's Strength 4ER 10:00 Mini Golf LTC 10:00 Channel 716 Exercise 11:00 Coffee with Fred LTC 10:00-2:00 Shop Easy Fashions MFA 11:00 Walk With Maureen WL 1:30 Music Moments LTC 2:30 Ice Cream Social \$1 MFA Ward 2 Councilor Candidate Bev Esslinger 3:30 Gentle Stretch MFA No Ty</p>	<p>25</p> <p>10:00 Lawn Darts LTC 11:00 Horse Shoes LTC</p>	
<p>26</p> <p>10:00 Worship Service with Pastor Gerry Paulson 3KVCC</p> 	<p>27</p> <p>9:00 Men's Strength 4ER 10:00 Hymn Sing LTC 10:00 Channel 716 Exercise 11:00 Game of "Things" 2ML 10:45 Circle Soccer LTC 1:30 Baking LTC 2:00 Crafts 2ML 3:30 On This Day LTC</p>	<p>28</p> <p>9:00 Men's Strength 4ER 9:45 Sit n Be Fit LTC 10:00 Channel 716 Exercise 10:00 Sit n Be Fit IML 11:00 Inn meet up with Maureen 3IL 1:30 Hangman IML 1:30 Music Bingo LTC 2:00 Independent Bowling MFA 3:00 Just You and I LTC 3:30 Catholic Mass 3KVCC 6:30 Entertainment with Arvin Hopcraft MFA</p>	<p>29</p> <p>Garden Cleanup</p> <p>9:00 Men's Strength 4ER 10:00 Channel 716 Exercise 1:00 Bible Study 3KVCC 2:15 Sensory chart LTC 3:00 Pet visits with Cynthia And Echo LTC</p>	<p>30</p> <p>Garden Cleanup</p> <p>8:30 Folding the newsletter MFA 10:00 Channel 716 Exercise 2:15 Mind and Body LTC 2:30 Pet visits with Neil & Sherman LTC</p>			
				<p>** Please Note ** The events, dates and details are subject to change.</p>		<p>Legend: 1FW: 1st Floor Wellness 1ML: 1st Floor Manor Lounge 2ML: 2nd Floor Manor Lounge 2IL: 2nd Floor Library 2FW: 2nd Floor Wellness 3IL: 3rd Floor Inn Lounge 3PC: 3rd Floor Pastoral Care 3rd Floor Manor KVCC: Kensington Village Christian Church MFA: Main Floor Auditorium 4IG: 4th Floor Inn Games Room 4MMR: 4th Floor Manor Meeting Room 4ER: 4th Floor Manor Exercise Room</p>	<p>Legend: WL: Wellness Lobby DRO: Dr.'s Office CRT: Courtyard VDR: Village Dining Room</p> <p>LTC- Long Term Care residents only</p>