

September 2021 Recreation & Pastoral Care Calendar




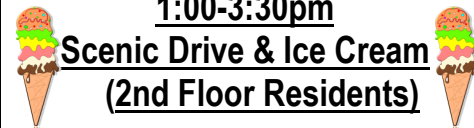

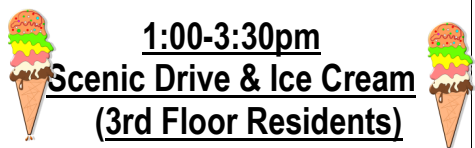
SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W 11:00 Sing A Long 2DR 1:00 Floor Curling (P) 3W 1:00 Pet Visitation with Neil & Sherman—2nd Floor 3:00 Bingo (C) 1DR	2 10:00 Fun & Fit (P) 2DR 12-1PM BBQ Lunch <u>Main Courtyard</u> (1st & 2nd Floor) Entertainment with Northern Heart 2:30 Animal Fun Facts (C) 3DR 4:00 Community Walks (P) 1st Floor	3 10am-12pm <u>Scenic Drive & Donuts!</u> (1st Floor Residents) 2:00 Painting Craft 3DR 3:15 Friendly Visits 2nd floor	4 11:00 Friendly Visits 2DR 1:00 Music Appreciation (E)3DR 2:30 Billiards (S/P) Main Lobby
			5 3:30 VG Christian Community Church Service (T.V Channel #716)	6 Labor Day!	7 1:30 Hymn Sing/Devotional (Sp) 1st Floor 2:30 Mental Aerobics (C/S) 3DR	8 10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W 11:00 Community Walks (P)2nd Floor 1:00 Pet Visitation with Neil & Sherman— 3rd Floor 1:00 Floor Curling (P) 3W 3:00 Bingo (C) 3DR
12 3:30 VG Christian Community Church Service (T.V Channel #716)	13 10:15 Fun & Fit (P) 3W 11:15 Fun & Fit (P) 1DR 2:00 Pet Visitation with Cynthia & Echo— 2nd Floor	14 10:00 Sing A Long 1DR (C/E) 11:00 Fun & Fit (P) 2DR 1:30 Hymn Sing/Devotional (Sp) 2nd Floor 2:30 Mental Aerobics (C/S) 3DR 2:30 Music Appreciation (E) 2DR 4:00 Helping Hands (C/P) 1DR	15 10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W 11:00 Word Scramble (C)2DR 1:00 Pet Visitation with Neil & Sherman —1st Floor 1:00 Floor Curling (P) 3W 3:00 Bingo (C)2DR	16 10:00 Baking Buddies (E/C) 1DR 1:30 Hymn Sing/Devotional (Sp) 3W 2:30 Animal Fun Facts (C) 3DR 4:00 Doll Cuddles (E)2DR	17 10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W <u>1:30-2:30pm</u> <u>Milkshakes & Musical Entertainment with "The Britz" 3W</u> 4:00 Billiards (S/P) Main Lobby	18 11:00 Friendly Visits 2DR 1:00 Karaoke (E) 3DR 2:30 Billiards (S/P) Main Lobby

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>19</p> <p></p> <p>3:30 VG Christian Community Church Service (Sp) (T.V Channel #716)</p>	<p>20</p> <p>10:15 Fun & Fit (P) 3W 11:15 Fun & Fit (P) 1DR</p> <p>2:00 Pet Visitation with Cynthia & Echo—3rd Floor 4:00 Friendly Visits—2nd Floor</p>	<p>21</p> <p>10:00 Animal Fun Facts(C) 1DR 11:00 Fun & Fit (P) 2DR</p> <p>1:30 Hymn Sing/Devotional (Sp) 1st Floor 2:30 Mental Aerobics (C/S) 3DR 2:30 Scattergories (C) 2DR 4:00 Matching/Sorting (P/C) 1DR</p>	<p>22</p> <p>10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W</p> <p>1:00 Pet Visitation with Neil & Sherman—2nd Floor</p> <p><u>Bus Trip \$20</u> <u>Edmonton Valley Zoo</u> <u>1:00-4:00pm—3rd Floor</u></p>	<p>23</p> <p>10:00 Sing A Long (E)1DR 10:00 Friendly Visits 3rd Floor 11:00 Fun & Fit (P) 2DR</p> <p>1:30 Hymn Sing/Devotional (Sp) 3W</p> <p>3:00 Bingo (C)3DR 4:00 Doll Cuddles (E) 1DR</p>	<p>24</p> <p>10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W 11:00 Word Games (C/S) 2DR</p> <p> <u>1:00-3:30pm</u> <u>Scenic Drive & Ice Cream</u> <u>(2nd Floor Residents)</u></p> <p>4:00 Friendly Visits 1st Floor</p>	<p>25</p> <p>11:00 Friendly Visits 2DR</p> <p>1:00 Karaoke (E) 3DR</p> <p>2:30 Billiards (S/P) Main Lobby</p>
<p>26</p> <p></p> <p>3:30 VG Christian Community Church Service (Sp) (T.V Channel #716)</p>	<p>27</p> <p>10:15 Fun & Fit (P) 3W 11:15 Fun & Fit (P) 1DR</p> <p>2:00 Pet Visitation with Cynthia & Echo—1st Floor 4:00 Friendly Visits 3rd Floor</p>	<p>28</p> <p>10:00 Word Games (C) 1DR 11:00 Fun & Fit (P) 2DR</p> <p>1:30 Hymn Sing/Devotional (Sp) 2nd Floor 2:30 Mental Aerobics (C/S) 3DR 2:30 Floor Curling (P) 1DR 4:00 Doll Cuddles (E)1DR</p>	<p>29</p> <p>10:00 Fun & Fit (P) 1DR 10:15 Fun & Fit (P) 3W 1:00 Pet Visitation with Neil & Sherman—2nd Floor</p> <p> <u>1:00-3:30pm</u> <u>Scenic Drive & Ice Cream</u> <u>(3rd Floor Residents)</u></p> <p>4:00 Friendly Visits 1st Floor</p>	<p>30</p> <p>10:00 Word Games/Trivia (C/S) 1DR 10:00 Baking Buddies (E/C) 2DR</p> <p>1:30 Hymn Sing/Devotional (Sp) 3W</p> <p>1:30 Balloon Badminton 2DR 3:00 Bingo (C) 1DR 4:15 Trivia (C/S) 3DR</p>		
		<p>NEW PROGRAM <u>Pet Therapy</u> Pet Therapy has resumed on Monday & Wednesday afternoons. The purpose of this program is to provide companionship and connection to an animal, while aimed at improving social, emotional, and cognitive well-being. Check out the bulletin boards on your floor to see photos of Echo and Sherman!</p>	<p><u>Program Updates & Information</u> All Programs are subject to changed based on Public Health's recommendations for COVID-19. Please check the bulletin boards on the floor for the most current information.</p>	<p><u>Wellness Domains</u> <u>Legend:</u> P = Physical E = Emotional C = Cognitive S = Social Sp = Spiritual</p>	<p><u>Legend:</u> ML— Main floor lobby 1DR - 1st floor Dining Room 1CR—1st floor court yard 2DR—2nd floor Dining Room 2W—2nd floor west room 3W—3rd floor west common area 3DR—3rd floor Dining Room CRT: Courtyard 4C - 4th Floor Café CPL— Chapel</p>	