



MILLWOODS INDEPENDENT RESIDENTS UPDATE

MAY 25, 2020

REMINDER ABOUT OUTDOOR VISITS

As a reminder, we have put together a detailed policy for outdoor visits that complies with the Chief Medical Officer of Health's Order 14-2020 and is fair for all residents. You can access the full policy at any time on our website at www.shepherdscares.org/covid-19/outdoor-visitation-policy/.

In order to maintain fairness for all residents, the policy has the following guidelines:

- ✓ Outdoor visits are scheduled for a maximum of one visit per resident per week
- ✓ Outdoor visits must be scheduled in advance by calling reception at 780-463-9810
- ✓ Visitors must adhere to social distancing and wear a mask at all times.

With your help, we have been successful at keeping our Millwoods Campus free of COVID-19. Thank you for your diligence!

DELIVERED TO THE RESIDENTS OF:
MILLWOODS MANOR AND
MILLWOODS GARDEN CONDOS

SOLVE THE SUDOKU!

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 3 | | | | | | | 5 |
| 7 | | | | | 4 | | | |
| 1 | 8 | 4 | | | | | | 7 |
| | 4 | | | 6 | | | | |
| 5 | 1 | | 7 | 4 | | 2 | 8 | |
| | 6 | | 5 | 1 | 8 | 4 | 7 | |
| 3 | | | 4 | | 1 | | 2 | 9 |
| | 9 | | | 2 | | 1 | 5 | 4 |
| 4 | | | | 9 | 5 | | | 8 |

<https://www.sudokuweb.org>

REC TEAM SCHEDULE

Tomorrow (Tues. May 26th) on
Channel 716*:

9:45 AM: Seated Exercise

10:30 AM: Hymn Sing

1:00 PM: Condo/Manor Exercise

*Disclaimer: Channel 716 is only available in Independently Owned Condos which have Shaw as their cable provider

MAY 25, 2020



**I have found
a friend in Jesus,
He's everything to me,
He's the fairest of ten
thousand to my soul;
The Lily of the Valley,
in Him alone I see,
All my needs to cleanse
and make
me fully whole.**

PASTORAL CARE UPDATE

Dear Heavenly Father,

Thank you for the beautiful spring flowers which are returning after their long winter sleep! They didn't worry about anything, did they? Help me Lord, to be like that, knowing that you alone are my strength and shield. May I bloom where you have planted me, may I give off a lovely fragrance of your love, Jesus, to all who come near, may I bring a kind, gentle smile to those who need one today.

Thank you that when I hold a bunch of these lovelies in my hand, they remind me of everyone in my beautiful family, whom you hold lovingly in your strong hand! May I be a joy-bringer to someone today!

In Jesus Name, Amen.

Today I will be thankful for:

RESOURCES

If you are feeling unwell or sick: Call 811 and also call us immediately at 780-463-9810

If you need a visit from our pastoral care team: Please call 780-463-9810

If you have been exposed to COVID-19 and cannot leave your suite and need help with laundry or groceries: Please call 780-463-9810

If you have questions about groceries or meal delivery: Please call 780-463-9810

All other questions should be directed to info@shepherdscares.org