



June 2020 Kensington Cottage Active Living Calendar



Innovative, Christian, Age-in-Place Care

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|---|---|---|
|  | 1 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Word Games D 2:30 Just you and I | 2 9:30 Name That Tune C 10:30 Mini Golf A Seniors week event? Donuts ? | 3 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Horse Races C 2:30 Reminiscing B | 4 9:30 Crafts D 10:30 Crafts A 1:30 Crafts C 2:30 Crafts B | 5 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Ice Cream Social 2:30 Spa For You A/D | 6 |
| | 7 | 8 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Name That Tune A 2:30 Just you and I | 9 9:30 Word Scramble D 10:30 Word Scramble C 1:30 Puzzle Building C 2:30 Just you and I | 10 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A Afternoon Milkshakes 1:30 C 2:00 D 2:30 A 3:00 B | 11 9:30 Crafts D 10:30 Crafts A 1:30 Crafts C 2:30 Crafts B | 12 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Ice Cream Social 2:30 Spa For You B/C |
| 14 | 15 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Coloration D 2:30 Name That Tune B | 16 9:30 Name That Tune C 10:30 Just you and I Monthly Birthday Party 1:30 C 2:00 D 2:30 A 3:00 B | 17 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Reminiscing C 2:30 Reminiscing A | 18 9:30 Crafts D 10:30 Crafts A 1:30 Crafts C 2:30 Crafts B | 19 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Ice Cream Social 2:30 Spa For you A/D | 20 |

May 2020 Kensington Cottage Active Living Calendar

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|--|---|-----------|
| 21  | 22 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A Father's Day Floats 1:30 A 2:00 B 2:30 D 3:00 C | 23 9:30 Name That Tune C 10:30 Name That Tune B 1:30 Mini Golf A 2:30 Virtual Reality D | 24 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Card Games B 2:30 Just You and I | 25 9:30 Crafts D 10:30 Crafts A 1:30 Crafts C 2:30 Crafts B | 26 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Ice Cream Social 2:30 Spa For You B/C | 27 |
| 28 | 29 9:30 Sit n Be Fit B 10:00 Sit n Be Fit C 10:30 Sit n Be Fit D 11:00 Sit n Be Fit A 1:30 Puzzle Building D 2:30 Mental Aerobics A | 30 9:30 Word Scramble D 10:30 Word Scramble C 1:30 Follow Your Nose A 2:30 Coloration B | | | | |
| 31 | Letters symbolize which pod programs will take place. A= Red B=Yellow C= Brown D= Green | | | | | |