








# February 2020 Kensington Village Active Living Calendar



Innovative, Christian, Age-in-Place Care





Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p><b>National Therapeutic Recreation Month</b> February 1-28</p> <p><b>Live Well. Be Healthy. Beyond Expectations</b></p> 						<p><b>1</b></p> <p>10:45 Curling LTC/SL 1:15 Bingo FC 1:30 Letter Scramble with Glenda 2FW</p>
<p><b>2 Ground Hog Day</b></p> <p>10:00 Worship Service and Communion with Pastor Gerry Paulson 3KVCC</p> 	<p><b>3</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for you LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:15 Crafts- LTC/SL 2:00 Occupational Therapy 1:1s LTC 2:30 Veterans &amp; Friends 4IL 3:00 Just You and I LTC 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p><b>4</b></p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 <b>Curling vs Vanguard MFA</b> 1:30 Bible Study 3KVCC 2:15 Sensory Cart LTC 2:30 Pet Visits with Neal and Sherman LTC/SL 3:00 Sing a Long LTC/SL 2:45 Occupational Therapy 1:1s 6:30 Entertainment With Jacinta 2FW</p>	<p><b>5</b></p> <p>9:00 Men's Strength 4ER 9:30 Curling IML 10:00 Volley Ball LTC/SL 10:00 Stronger Together MFA 10:00 Prayer Gathering 3KVCC 11:00 Pharmcare presentation on the new Pharmacy MFA 1:30 Hangman LTC/SL 1:30 Art Expression IML 2:00 Pathways Music LTC 2:00 Pet visit with Cynthia and Echo 2FW 2:00 Library 2IL 2:30 Seasonal Decorating LTC 2:45 Ward Walks with Nikko LTC 3:30 Catholic Mass 3KVCC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC/SL</p>	<p><b>6</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:30 On This Day IML 11:15 Finding Balance FC 1:00 Shopping Walmart \$7 1:30 Baking LTC/SL 2:45 Occupational Therapy 1:1s LTC 3:00 Spa for You LTC/SL 6:00 Church Movie 3KVCC "The Climb"</p>	<p><b>7</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 11:00 Coffee with Fred 2FW 1:30 Music and Memories LTC/SL 2:00 Occupational Therapy 1:1s 2:30 Ice Cream Social MFA 6:30 Entertainment with Colleen Lazoruk 2FW</p> <p>No Dan No Maureen</p> 	<p><b>8</b></p> <p>10:45 Ladder Ball LTC/SL 1:15 Bingo FC 1:30 Letter Scramble with Glenda 2FW</p>
<p><b>9</b></p> <p>10:00 Worship Service with Pastor Gerry Paulson 3KVCC</p> 	<p><b>10</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for you LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:15 Crafts LTC/SL 1:30 Creative Social FC 2:00 Occupational Therapy 1:1s LTC 3:00 Just You and I LTC 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p><b>11</b></p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be fit LTC/SL 10:00 Servus Credit Union 4IL 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:15 Scattogories LTC/SL 1:30 Sit n Be Fit 1FW 1:30 Men's Club LTC/SL 1:30 Bible Study 3KVCC 2:00 Sensory Cart LTC 2:30 Pet Visits with Neal and Sherman LTC/SL 2:45 Occupational Therapy 1:1s 3:00 Sing a Long LTC/SL 6:30 Entertainment with Old Time Music 2FW</p>	<p><b>12</b></p> <p>9:00 Men's Strength 4ER 9:30 Curling IML 10:00 Volleyball LTC/SL 10:00 Stronger Together FC 10:00 Prayer Gathering 3KVCC 1:00 Mind &amp; Body LTC 1:30 Wheel of Fortune LTC/SL <b>1:30 Monthly Birthday Party With Northern Heart \$3.50 MFA</b> 2:00 Pathways Music LTC 2:00 Pet visit with Cynthia and Echo 2FW 2:00 Library 2IL 2:45 Ward Walks with Nikko LTC 3:00 Spa for You LTC 3:30 Catholic Mass 3KVCC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC/SL</p>	<p><b>13</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Sit n Be Fit LTC/SL 10:30 Ukrainian Orthodox 4MMR 11:15 Finding Balance FC 1:00 Shopping Londonderry \$7 1:30 Baking LTC/SL 2:15 Hand Therapy LTC 2:45 Occupational Therapy 1:1s LTC 3:00 Virtual Reality LTC/SL 6:00 Bingo FC</p>	<p><b>14 Valentine's Day</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 1:30 <b>Valentines Day Bake Off 2FW</b> 3:00 Ward Walks with Nikko LTC 3:30 Valentines Social with Little Genius Child Care LTC/SL 3:30 Gentle Stretch MFA 6:30 Entertainment with Jackson 2FW</p>	<p><b>15</b></p> <p>1:15 Bingo FC 1:30 Letter Scramble with Glenda 2FW</p> <p>No Pam</p>



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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p><b>16</b></p> <p>10:00 Worship Service with Pastor Lyle Johnson 3KVCC</p> 	<p><b>17 Family Day</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Spa For You LTC/SL            10:00 United Church 3KVCC            10:45 Circle Soccer LTC/SL            1:15 Bingo FC            1:15 Crafts LTC/SL            3:00 Just You and I LTC/SL            6:30 Scrabble IML            7:00 Knit Night 2IL            No Dan            No Maureen</p>	<p><b>18</b></p> <p>9:00 Men's Strength 4ER            9:30 Sit n Be Fit LTC/SL            10:00 Ukrainian Catholic 4MMR            10:15 Crossword Puzzles IML            11:15 Finding Balance FC            1:15 Scattagories LTC/SL            1:30 Sit n Be Fit IML            1:30 Bible Study 3KVCC            1:30 Auxiliary Meeting 2IL            2:00 Sensory Cart LTC            2:30 Pet Visits with Neal and Sherman LTC/SL            3:00 Sing a Long LTC/SL            2:45 Occupational Therapy 1:1s            6:30 Entertainment With David Leigh 2FW</p>	<p><b>19</b></p> <p>9:00 Men's Strength 4ER            9:30 Curling IML            10:00 Volleyball LTC/SL            10:00 Prayer Gathering 3KVCC            10:00 Stronger Together MFA  <b>1:30 Therapeutic Services Celebration 2FW</b>            2:00 Pathways Music LTC            2:00 Pet visit with Cynthia and Echo 2FW            2:00 Library 2IL            2:45 Ward Walks with Nikko LTC            3:30 Catholic Mass 3KVCC            6:00 KV at the Movies MFA            6:15 Magnetic Darts LTC/SL</p>	<p><b>20</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Sit n Be Fit LTC/SL            10:30 On This Day IML            11:15 Finding Balance FC            1:00 Shopping to Kingsway \$7            1:30 Baking LTC/SL            2:15 Hand Therapy LTC            2:45 Occupational Therapy 1:1s LTC            3:00 Spa For you LTC            6:00 Bingo FC</p>	<p><b>21</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            10:00 Mini Golf LTC/SL            10:00 Walking Club            11:00 Coffee with Fred 2FW            1:30 Music Bingo LTC/SL            2:30 Ice Cream Social MFA            3:00 Ward Walks with Nikko LTC            3:30 Gentle Stretch FC            6:30 Entertainment with Bruce Veroba 2FW</p>	<p><b>22</b></p> <p>10:00 Letter Scramble with Glenda 2FW            1:15 Bingo FC            1:30 <b>Ballet Mexico Lindo 2FW</b></p>
<p><b>23</b></p> <p>10:00 Worship Service with Pastor Gerry Paulson 3KVCC</p> 	<p><b>24</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Spa for You LTC/SL            10:00 Stronger Together MFA            10:00 Hymn Sing 2FW            10:45 Circle Soccer LTC/SL            1:15 Bingo FC            1:15 Paint It LTC/SL            1:30 EPL Travel Talk MFA            3:00 Just you and I LTC            6:30 Scrabble IML            7:00 Knit Night 2IL            No Dan</p>	<p><b>25</b></p> <p>9:00 Men's Strength 4ER            9:30 Sit n Be Fit LTC/SL            10:15 Crossword Puzzles IML            11:15 Finding Balance FC            1:30 Horse Races LTC/SL            1:30 Sit n Be Fit IML            1:30 Bible Study 3KVCC            2:00 Sensory Cart LTC            2:30 Pet Visits with Neal and Sherman LTC/SL            2:45 Occupational Therapy 1:1s            3:00 Sing A Long LTC/SL            6:30 Entertainment With terry Jorden 2FW            No Dan</p>	<p><b>26</b></p> <p>9:00 Men's Strength 4ER            10:00 Volley Ball LTC/SL            10:00 Prayer Gathering 3KVCC            10:00 Stronger Together FC            10:30 LTC/SL Resident &amp; Family Council 4MMR            11:00 Pharmicare presentation on the new Pharmacy MFA            1:30 Creative Social FC            1:30 <b>Hawaii Party 2FW</b>            2:00 Pathways Music LTC            2:45 Ward Walks with Nikko LTC            3:30 Catholic Mass 3KVCC            6:00 KV at The Movies MFA            6:15 Magnetic Darts LTC/SL            No Dan</p>	<p><b>27</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            10:30 On This Day IML            11:15 Finding Balance FC            12:00 Lunch Outing to Boston Pizza \$7 + Food            1:30 Baking LTC/SL            2:15 Hand Therapy LTC            2:45 Occupational Therapy 1:1s LTC            3:00 Virtual Reality LTC/S            6:00 Bingo FC            No Dan</p>	<p><b>28</b></p> <p>8:00 Folding the Newsletter MFA            9:00 Men's Strength 4ER            9:15 Exercise Class MFA            10:00 Mini Golf LTC/SL            10:00 Walking Club FC            1:30 Music &amp; Memories LTC/SL            2:00 Occupational Therapy 1:1s            2:30 Popcorn Tasting MFA            3:30 Gentle Stretch MFA            6:30 Entertainment with Randy &amp; Rai 2FW            No Dan</p>	<p><b>29 Leap Day 2020</b></p> <p>1:15 Bingo FC            1:30 Letter Scramble with Glenda 2FW            3:00 Adventist Choir 2FW            No Pam</p>
		<p><b>Newspaper Recycling</b>  <b>Wednesdays by 10:00 am</b>  <b>All Newspaper, black &amp; white and colored. No glossy paper or garbage.</b></p> 	<p><b>Cards</b>  <b>7:00</b>            Canasta— Monday &amp; Thursday 4IL            Canasta- Wednesday &amp; Friday &amp; Sunday 2IL            Crib- Tuesday &amp; Saturday 4IL</p>	<p><b>Vendors</b>            Feb 5- 5th Avenue Jewelry            Feb 6— Archives Jewelry            Feb 14— Personal Touch Fashion            Feb 28— Shop easy fashions</p> <p><b>** Please Note **</b>  <b>The events, dates and details are subject to change.</b></p>	<p><b>Legend:</b>            1FW: 1st Floor Wellness            1ML: 1st Floor Manor Lounge            2ML: 2nd Floor Manor Lounge            2IL: 2nd Floor Library            2FW: 2nd Floor Wellness            3IL: 3rd Floor Inn Lounge            3PC: 3rd Floor Pastoral Care            3rd Floor Manor KVCC:            Kensington Village Christian Church            MFA: Main Floor Auditorium            4IG: 4th Floor Inn Games Room            4MMR: 4th Floor Manor Meeting Room            4ER: 4th Floor Manor Exercise Room</p>	<p><b>Legend:</b>            WL: Wellness Lobby            DRO: Dr.'s Office            CRT: Courtyard            VDR: Village Dining Room            FC: Friendly Corner</p> <p><b>LTC- Long Term Care residents only</b></p> <p><b>LTC/SL—Long Term and Supportive Living residents only</b></p>