



KENSINGTON VILLAGE INDEPENDENT RESIDENTS UPDATE

MAY 25, 2020

IMPORTANT REMINDER ABOUT OUTDOOR WALKS

As a reminder, the Kensington Village campus is still on COVID-19 outbreak precautions. This means additional restrictions are in place to protect the health and safety of all residents and staff. Independent residents are currently permitted to go for short walks for fresh air and exercise.

As per the Chief Medical Officer of Health, while the site is on outbreak, the following guidelines must be followed:

- ✓ Walks are for 15 minutes or less.
- ✓ You must walk by yourself and social distance (keep 6 feet away) from any person you may encounter.
- ✓ You must wear your mask at all times during the walk.

- ✗ Walks are NOT for meeting friends or family. Visits are not permitted while the site is on outbreak.
- ✗ Walks are NOT for going to a store or shopping. These exposure points put yourself and your neighbours at risk. Consider using deliver services or your loved ones to drop off groceries for you.

DELIVERED TO THE RESIDENTS OF:
KENSINGTON INN, KENSINGTON MANOR,
KENSINGTON INDEPENDENT CONDOMINIUMS
AND BUNGALOWS, KENSINGTON LODGE

We are relying on you to ensure you are following the rules. The sooner the site is off outbreak, the sooner restrictions will be relaxed.

If residents are not following these rules, we may be forced to place the site on lockdown again. We've done a great job of containing the outbreak in the independent living of Kensington Village so far, please keep following the rules so we can keep our site free of new cases.



REC TEAM SCHEDULE

Tomorrow (Tues. May 26th) on
Channel 716*:

9:45 AM: Daily Devotional
10:00 AM: Balance Class
1:30 PM: Bible Study

*Disclaimer: Channel 716 is only available in Independently Owned Condos which have Shaw as their cable provider.

MAY 25, 2020



**I have found
a friend in Jesus,
He's everything to me,
He's the fairest of ten
thousand to my soul;
The Lily of the Valley,
in Him alone I see,
All my needs to cleanse
and make
me fully whole.**

PASTORAL CARE UPDATE

Dear Heavenly Father,

Thank you for the beautiful spring flowers which are returning after their long winter sleep! They didn't worry about anything, did they? Help me Lord, to be like that, knowing that you alone are my strength and shield. May I bloom where you have planted me, may I give off a lovely fragrance of your love, Jesus, to all who come near, may I bring a kind, gentle smile to those who need one today. Thank you that when I hold a bunch of these lovelies in my hand, they remind me of everyone in my beautiful family, whom you hold lovingly in your strong hand! May I be a joy-bringer to someone today!

In Jesus Name, Amen

Today I will be thankful for:

RESOURCES

If you are feeling unwell or sick: Call 811, advise them you are at a COVID-19 positive site, and also call us immediately at 780-447-3840

If you need a visit from our pastoral care team: Please call 780-447-3840

If you have been exposed to COVID-19 and cannot leave your suite and need help with laundry or groceries: Please call 780-447-3840

If you have questions about groceries or meal delivery: Please call 780-733-3308

All other questions should be directed to info@shepherdscares.org



SHEPHERD'S CARE FOUNDATION
Innovative, Christian, Age-in-Place Care

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