



SHEPHERD'S  
CARE  
FOUNDATION

# Grocery Hampers

To order a grocery hamper please call **780-733-3308** and select the hamper you would like to receive. All food supplied by Aramark.

HAMPER #1  
\$13.11

Loaf of Bread  
2% Milk (2L)  
Eggs (dozen)  
Apple (Red Delicious)  
Banana  
Orange  
Lettuce (romain)

HAMPER #2  
\$25.45

Loaf of Bread  
2% Milk (2L)  
Eggs (dozen)  
Deli Roast Beef (500  
gram)  
Apple (Red Delicious)  
Banana  
Orange  
Lettuce (romain)

HAMPER #3  
\$26.06

Loaf of Bread  
2% Milk (2L)  
Eggs (dozen)  
Deli Turkey (500 gram)  
Apple (Red Delicious)  
Banana  
Orange  
Lettuce (romain)  
Tomato  
Basmati Rice  
Annie's Mac & Cheese



# A L A C A R T E

To order food items please call **780-733-3308** and select the items you would like to receive.

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LOAF OF BREAD	\$2.63	BOBS OATMEAL CUPS	\$2.31
2% MILK (2L)	\$3.54	LIPTON EARL GREY TEA (28 BAG BOX)	\$4.38
SOY MILK, 1.89L	\$4.42	KRAFT INSTANT COFFEE (100 BOX COUNT)	\$10.21
ALMOND MILK 1.89L	\$4.30	KRAFT DECAF INSTANT COFFEE (100 BOX COUNT)	\$16.43
MARGARINE (1LB)	\$1.31	DANONE YOGURT (INDIVIDUAL, ASSORTED FLAVOURS)	\$0.43
BUTTER, 1 LB	\$6.10	SLICED CHEDDAR CHEESE (200 GRAM PACK)	\$3.62
EGGS (DOZEN)(LARGE)	\$4.43	DELI HAM (500 GRAM)	\$7.49
APPLE (RED DELISCIOS) (EACH)	\$0.29	DELI TURKEY (500 GRAM)	\$8.73
BANANA (EACH)	\$0.26	ELI ROAST BEEF (500 GRAM)	\$12.34
ORANGE (EACH)	\$0.30	PEANUT BUTTER, 500G	\$4.60
LETTUCE (ROMAIN)(EACH)	\$1.66	SOUP, 212ML, CHICK NOODLE, TOMATO, MUSHROOM	\$1.04
TOMATO (EACH)	\$0.53	MR. NOODLE, INSTANT NOODLES, CHICK, BEEF, VEG	\$0.92
ONION (EACH)	\$0.84		
CUCUMBER (EACH)	\$2.00		
BASMATI RICE (PER 240G)	\$0.93		
ANNIES MAC & CHEESE (PER 170G)	\$2.76		
gelato with an espresso center			
KIND BREAKFAST BARS (PER BOX OF 4)	\$4.80		

More on back



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### CHOCOLATE BARS:

COFFEE CRISP	\$ 1.22
AERO	\$ 1.22
MARS	\$ 1.29
OH HENRY	\$ 1.18

### GRANOLA BARS:

CLIFF BAR, COCONUT ALMOND, CHOC CHIP	\$ 1.61
NATURE VALLEY, 2 FLAVORS	\$ 0.55

### CHIPS:

OLD DUTCH 40G, 3 FLAVORS	\$ 0.60
PRINGLES 68G, 5 FLAVORS	\$ 1.15
DORITOS 45G, COOL RANCH, NACHO CHEESE	\$ 0.69