

















Barrhead Shepherd's Care JULY 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Enjoy A Beautiful Summer!</p>			<p>1 9:30 News 10:00 Exercises 11:00 Walk about 2:00 Maple leaf Toss 7:00 Walk about CANADA DAY</p>	<p>2 9:30 News 10:00 Exercises 11:00 Tuck shop 2:00 Bingo</p>	<p>3 2:00 Checkers</p> 	<p>4 2:30 Float Social</p> 
<p>5 Church services are available on TV channel 22, 90, 166 in the morning and evening</p>	<p>6</p> 	<p>7 9:30 News 10:00 Exercises 11:00 Bird Trivia 2:00 Bocce 7:30 Sundaes Jean P's B/day</p>	<p>8 9:30 News 10:00 Exercises 11:00 Manicures 2:00 Four Penny Twister 7:00 Walk about</p>	<p>9 9:30 News 10:00 Exercises 11:00 Tuck shop 2:00 Bingo Jean M' B/day</p>	<p>10 2:00 Dominoes</p> 	<p>11 2:00 Movie Matinee FOOT CARE</p>
<p>12</p> 	<p>13</p> 	<p>14 7:30 Sundaes</p> 	<p>15 7:00 Walk about</p> 	<p>16 7:00 Movie</p> 	<p>17 2:00 Crib</p> 	<p>18 2:30 Coffee and doughnuts</p> 
<p>19 Kit's 100 th birthday</p> 	<p>20</p> 	<p>21 9:00 One to Ones 10:00 Exercises 11:00 Walk about 2:00 Curling 7:30 Sundaes</p>	<p>22 9:00 News 10:00 Exercises 11:00 Manicures 2:00 Smoothies 7:00 Walk about</p>	<p>23 9:00 One to Ones 10:00 Exercises 11:00 Tuck shop 2:00 Bingo</p>	<p>24 2:00 Rummicub</p> 	<p>25 2:00 Movie Matinee</p>
<p>26</p> 	<p>27</p> 	<p>28 9:00 One to Ones 10:00 Exercises 11:00 Walk About 2:00 Blongoball 7:30 Sundaes</p>	<p>29 9:00 One To One 10:00 Exercises 11:00 Poem 2:00 Four Penny Twister 7:00 Walk about</p>	<p>30 9:00 One to ones 10:00 Exercises 11:00 Tuck shop 2:00 Bingo</p>	<p>31 2:00 Yahtzee</p> 