

February Highlights

- February 2nd– 7th Day Adventist Hymn Sing
- February 4th– Resident Council Meeting
- February 5th– Chinese New Year, Avon Sales
- February 6th– Movie Matinee “Charlie and the Chocolate Factory”
- February 7th– Welcome Tea with Jacinta
- February 9th– Sparks (Kids) Visit
- February 11th– Morning Perk, Baking
- February 12th– 5th Ave Jewelers Sale
- February 13th– Lunch Outing: Greenland's Gardens
- February 14th– Valentine’s Day
- February 16th– Knights of Columbus Bingo
- February 18th– Family Day Lunch and Movie
- February 20th– Scenic Drive: Ice Castles
- February 21st– Gemütliche Stunde
- February 23rd– Paint Nite
- February 25th– Sing a Long on the Units with “Paul Lambchops”
- February 26th– Outing: Outlet Mall



The Edmonton Food Bank would like to extend a warm thank you for the support of the Millwood's Shepherd's Care Campus for donating just over 291 pounds of food over the Christmas season! Way To Go Shepherds Care!

Reminder for Bus Out Trips

Important note: our Bus Policy states that we can not have a bus outing on a day that is minus 20 degrees Celsius or colder. This is to ensure the safety of our residents and for proper use of the hydraulic lift system. Please be patient with us as mother nature at times does not cooperate with our calendar of scheduled events. If you or your loved one is interested in attending any of our scheduled out trips, please contact Recreation by calling 461-3756.



February 2019

Millwoods Monitor

Happy Birthday to:

- February 5th– Fatuma J
- February 8th– David W
- February 12th– Ruby B
- February 16th– Harold T
- February 17th– Dee F
- February 19th– Lydia N

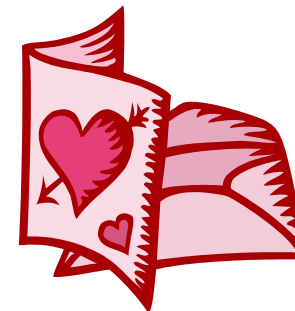


Valentine's Day

Valentine's Day is a day of love
Where love is as bright as the sun
We share kisses, and even a hug
With people we call our loved ones
Unrequited love is oh! so harsh
When the one you love doesn't love you
You feel you're left standing in the dark
Wishing this reality were untrue
Well that's why Valentine's Day is so great
It encourages you to show you care
It makes you just want say
I love you and will always be there
I once loved someone in this way
And I was encouraged on Valentine's
I went up to him, just to say
I would like you to be mine

Warm Welcome to:

Ajaib G, Marvin M, Laila M, Lydia S,
Werner S!



Millwood's Shepherd's Care Centre, 6620—28 Ave., Edmonton, T6K

Millwood's Shepherd's Care Centre-Recreation and Pastoral Care Calendar

Sunday

Monday

Tuesday

Wednesday

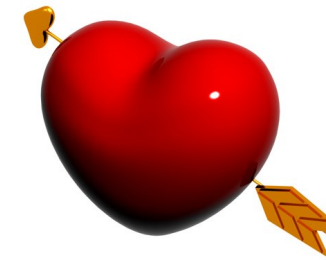
Thursday

Friday

Saturday

FEBRUARY 2019

Legend:
Aud: Auditorium
2F: 2nd Floor
3F: 3rd Floor
SR: Sunroom
CH: Chapel
LB: Lobby



1

9:45 Exercise: Auditorium
 10:45 Bookworms 2/3F
11:00 Catholic Mass (CH)
1:15 BINGO (Aud)
 3:00 Baking on the Unit: Dark Chocolate Cookies 2F
 4:00 Music on the Unit 2/3F

2

No Exercise Today!
 10:15 Hand Bells Group 1
 11:00 Hand Bells Group 2
 1:15 One-to-one Visits
2:30 7th Day Adventist Hymn Sing (Aud)
 4:00 Sunset Group 3F

3

10:30 English Worship
 Rev. Michael Hinger

3:30 German Worship
 Pastor Gerald Krebs



4


9:45 Exercise: Auditorium
10:30 Resident Council Meeting (Aud)
 10:30 Reminiscing 2F
 11:00 Reminiscing 3F
 1:30 Basketball 2F
 2:15 Basketball 3F
 3:15 One-to-one Visits
 3:45 Sunset Group 3F

5

Chinese New Year!
 9:45 Exercise: Auditorium
10-1 Avon Sale: LB
 10:45 Hymn Sing (Aud)
1:30 Travelogue to China (AUD)
 1:30 Chinese Trivia 2F
 2:00 Chinese Trivia 3F
3:00 German Hymn Sing (CH)
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F

6

9:45 Exercise: Auditorium
 10:30 Interdenominational Communion (Aud)
 1:30 Craft Corner (Aud)
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F
6:00 Movie Matinee: Charlie and the Chocolate Factory



7

9:45 Exercise: Auditorium
 10:45 Rampbowling (Aud)
1:30 Welcome Tea with Jacinta (Aud)
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F

8

9:45 Exercise: Auditorium
 10:45 Colour Me Calm / Drawing (Aud)
11:00 Catholic Mass (CH)
1:15 BINGO (Aud)
 4:00 Sunset Group 2/3F
6:00 German Communion (CH)

9

No Exercise Today!
 10:15 Hand Bells Group 1
 11:00 Hand Bells Group 2
2:00 Sparks (Kids) Visits (Aud)
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F

10

10:30 English Worship
 Rev. Gerry Johnson

3:30 German Worship
 Rev. Hans Juergen Beulshausen



11

9:45 Exercise: Auditorium
10:30 Morning Perk (Aud)
1:30 Baking: Chocolate Chip Cookies (Aud)
 3:15 Shadow Trivia 3F
 3:45 Sunset Group 2F

12

9:45 Exercise: Auditorium
10-2 5th Avenue Jewelers Sale: LB
 10:45 Hymn Sing (Aud)
 1:30-3:30 Caring Hands 2/3F
1:30 Independent TV Time (SR)
 3:45 Sunset Group 2/3F

13

9:45 Exercise: Auditorium
 10:30 English Worship with Southside Choir (Aud)
 11:00 German Worship
11:30 Outing: Lunch Outing-Greenland's Gardens
 1:30 Ring Toss 3F
 2:30 Men's Group (Aud)
 3:45 Sunset Group 2/3F

14

Happy Valentines Day
 9:45 Exercise: Auditorium
10:45 Baking: Chocolate Fruit Skewers (Aud)
1:30 Valentine's Day Entertainment with Jia Jia Yong (Aud)
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F
Wear Red or Pink!



15

9:45 Exercise: Auditorium
 10:45 Poetry Corner 2/3F
11:00 Catholic Mass (CH)
1:15 BINGO (Aud)
 3:00 Baking on the Unit: Dark Chocolate Cookies 3F
 4:00 Music on the Unit 2/3F

16

9:50 Exercise 2F
 10:15 Exercise 3F
 10:45 Trivia 2F
 11:15 Trivia 3F
1:30 Knights of Columbus BINGO (Aud)
 3:45 Sunset Group 3F

17

10:30 English Worship
 Pastor Nate Wright

3:30 German Worship
Rev. Josh Mueller



18

Family Day
 9:45 Exercise: Auditorium
11:00 Family Day LUNCH - By Invite
1:30 Family Day Movie Matinee: Beauty and the Beast
 3:45 Sunset Group 3F

Happy Family Day!

19


9:45 Exercise: Auditorium
 10:45 Hymn Sing (Aud)
 1:30-3:30 Hand Care Cart 3F
1:30 Independent TV Time (SR)
3:00 German Communion (CH)
 3:45 Sunset Group 2F

20

9:45 Exercise: Auditorium
 10:30 English Worship
 11:00 German Worship
1:30 Outing: Scenic Drive-Ice Castles
 1:30 Music Bingo 2F
 2:30 Music Bingo 3F
 3:45 Sunset Group 2/3F

21

9:45 Exercise: Auditorium
 10:45 Balloon Volleyball 2/3F
2:00 Gemütliche Stunde
 1:30 Music Pathways 2F
 2:15 Music Pathways 3F
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F



22

9:45 Exercise: Auditorium
 10:45 Colour Me Calm / Drawing (Aud)
11:00 Catholic Mass (CH)
1:15 BINGO (Aud)
 4:00 Sunset Group 2/3F

23

No Exercise Today!
10:30 Paint Nite (Aud)
 1:30 Ring Toss 2F
 2:00 Ring Toss 3F
 2:45 Bookworms 2F
 3:15 Bookworms 3F
 4:00 Sunset Group 2F

24

10:30 English Worship
 Rev. Michael Hinger

3:30 German Worship
 Pastor Martin Berger



25

9:45 Exercise: Auditorium
 10:30 Can You Picture This 2F
 11:00 Can You Picture This 3F
 1:15 Rhyming/Fill in the Blank 2F
2:30 Paul Lambchops Unit Sing-a-Long 3F
 4:00 Sunset Group 2F

26

9:45 Exercise: Auditorium
 10:45 Hymn Sing (Aud)
 12:00 **Dining with Friends-Chinese**
 2:30-3:30 Hand Care Cart 2/3F
1:30 Independent TV Time (SR)
 3:45 Sunset Group 2/3F

27

9:45 Exercise: Auditorium
 10:30 English Worship with Southside Choir (Aud)
 11:00 German Worship
1:30 Outing: Outlet Mall
 1:30 Basketball 2F
 2:30 Men's Group (Aud)
 3:45 Sunset Group 2/3F

28

9:45 Exercise: Auditorium
10:45 Baking: No Bake S'Mores Cheesecake (Aud)
1:30 Monthly Birthday Party with Frontier Sounds (Aud)
 3:15 One-to-one Visits
 3:45 Sunset Group 2/3F

