

December 2018 Kensington Cottage Active Living Calendar






SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9:30 Sit n Be Fit 1:30 Table top Bowling 3:00 Sensory Cart	4 10:00 Mental Aerobics	5 9:30 Sit n Be Fit	6 10:00 Crafts 2:00 Cottage Christmas Party	7 9:30 Sit n Be Fit 1:30 Ice Cream Social 2:00 Hymn Sing	8
9	10 9:30 Sit n Be Fit 1:30 Curling 2:30 Sing a Long	11 10:00 Mental Aerobics 2:00 Monthly Birthday Party with David Leigh	12 9:30 Sit n Be Fit 1:30 Volleyball 3:00 Music Moments	13 10:00 Crafts 1:00 Melodious Strings 3:00 Mental Aerobics	14 9:30 School visit St. Angela School 1:30 Ice Cream Social 2:00 Hymn Sing	15

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
16	17 9:30 Sit n Be Fit	18 10:00 Mental Aerobics 1:30 Baking 3:00 Virtual Reality	19 9:30 Sit n Be Fit 1:30 Volleyball 3:00 Music Moments	20 10:00 Christmas Craft 1:30 Ladder Ball 3:00 Pathways Music 6:30 Entertainment with Colleen Lazoruk	21 9:30 Sit n Be Fit 1:30 Ice Cream Social 2:00 Hymn Sing	22 
23	24 9:30 Sit n Be Fit 1:30 Horse shoes 2:30 Sing a Long No Dan	25 9:30 Christmas Games and Hot Chocolate 	26 9:30 Boxing Day Traditions 	27 10:00 Crafts 1:30 Lawn Darts 3:00 Mental Aerobics No Dan	28 9:30 Sit n Be Fit 1:30 Ice Cream Social 6:30 Entertainment with Larry Renn No Dan	29
30	31 10:00 New Years Celebration  No Dan No Pam					