

December 2018 Kensington Village Active Living Calendar








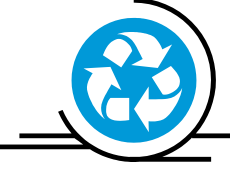
SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						<p>1:15 Bingo FC</p>
<p>2</p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Bruce Veroba 2FW</p>	<p>3</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 11:00 Winter Menu Feedback Meeting MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Curling LTC/SL 3:00 Virtual Reality LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p>4</p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 2:00 LTC Christmas Party LTC 5:00 Edmonton Police Band 3KVCC</p>	<p>5</p> <p>9:00 Men's Strength 4ER 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together MFA 2:00 Supportive Living Christmas Party MFA 2:00 Mind and Body LTC 2:00 Creative Social FC 3:30 Catholic Mass 3KVCC 7:00 St. Charles Choir 2FW</p>	<p>6 Wellness Clinic (Denise)</p> <p>9:00 Edmonton Public Library 2IL 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Sit N Be Fit LTC/SL 10:30 On This Day IML 11:15 Finding Balance FC 2:15 Hand Therapy LTC 3:00 OT Support Group LTC 6:00 Wellness Bingo 2FW</p>	<p>7</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC /SL 10:00 Walking Club FC 11:00 Coffee with Fred 2FW 1:30 Pathways Music LTC/SL 2:00 Library 2IL 2:30 Ice Cream Social MFA and Visit from Councilor Bev Esslinger 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 6:30 Entertainment with Rooney and Pooney 2FW</p>	
<p>9</p> <p>10:00 Worship Service 3KVCC</p> <p>3:00 Community Carol Sing at Knox Church</p> <p>6:30 Entertainment with Sean Gristwood 2FW</p>	<p>10</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Hymn Sing 2FW 10:00 Stronger Together FC 10:45 Circle Soccer LTC/SL 11:30 Veterans and friends 4MMR 1:15 Bingo FC 1:30 Minchau Elementary School Choir 3KVCC 3:00 Virtual Reality LTC 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p>11</p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be fit LTC/SL 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 Sit n Be Fit IML 1:30 Washer Toss LTC/SL 2:15 Mind and Body LTC 2:30 Pathways Music LTC/SL 5:00 Independent resident Christmas party MFA (Ticketed event)</p>	<p>12</p> <p>9:00 Men's Strength 4ER 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 10:00 Servus Credit Union 3IL 1:30 Hangman LTC/SL 2:00 Mind and Body LTC 2:00 Creative Social FC 3:00 Sensory Cart LTC/SL 3:30 Catholic Mass Rosary only 3KVCC 5:00 Independent resident Christmas party MFA (Ticketed event)</p>	<p>13 Wellness Clinic (Denise)</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Sit n Be Fit LTC/SL 10:00 Sign A Long MFA 10:30 On this Day IML 11:15 Finding Balance FC 1:00 Shopping Kingsway \$7 1:30 On this Day 1FW 3:00 OT Support Group LTC 3:30 Ipad Memory Lane LTC/SL 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 6:00 Wellness Bingo 2FW 7:00 Northwest Pentecostal Choir 3KVCC</p>	<p>14</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 1:30 Music Moments LTC/SL 2:00 Library 2IL 2:30 Ice Cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 6:30 Entertainment with Jackson 2FW No Pam</p>	

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>16</p> <p>10:00 Worship Service 3KVCC</p> <p>3:00 Dollar Drugs Concert Series with the Pilkey Sisters Christmas 3KVCC</p> <p>6:30 Entertainment with Larry Renn 2FW</p>	<p>17</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Calder Kindergarten 2FW</p> <p>10:00 Stronger Together MFA 10:00 United Service 3KVCC 11:45 Nutman WL 1:15 Bingo FC 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p>18</p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Ukrainian Catholic 4MMR 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 Sit n Be Fit IML 1:30 Auxiliary meeting 2IL 2:15 Mind and Body LTC 3:00 Pathways Music LTC/SL 6:30 Letter Scramble LTC/SL</p>	<p>19</p> <p>9:00 Men's Strength 4ER 10:00 Long Term Care and Supportive Living Resident And Family Forum 2FW</p> <p>10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 11:00 Book Club 2ML 1:30 Monthly Birthday Party with Lions Centre Big Band \$3.50 MFA</p> <p>2:00 Mind and Body LTC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC/SL</p>	<p>20 Wellness Clinic (Denise)</p> <p>9:00 Men's Strength 4E 9:15 Exercise Class MFA 9:30 Sit N Be Fit LTC/SL 10:30 On this Day IML 11:15 Finding Balance FC 1:00 Shopping Walmart \$7 1:30 On this Day IFW 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 OT Support Group LTC 3:30 Ipad Memory Lane LTC 6:00 Wellness Bingo 2FW 6:00 KV at the Movies MFA</p>	<p>21 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Kensington School Christmas Pageant 2FW</p> <p>10:00 Walking Club FC 10:00 Parkinson SuppoGroup4MMR 11:00 Coffee with Fred 2FW 1:30 Pathways Music LTC/SL 2:00 Three Blind Mice 3IL 2:00 Library 2IL 2:30 Occupational Therapy 1:1's LTC 2:30 Ice Cream Social MFA 3:30 Gentle Stretch MFA 6:30 Entertainment with David Leigh 2 FW</p>	<p>22</p> <p>1:15 Bingo FC</p> 
<p>23</p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Harmony Kings FW</p> 	<p>24</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Hymn Sing 2FW 10:45 Christmas Toys We Remember LTC/SL 2:00 Christmas Eve Service 3KVCC</p> <p>3:00 Virtual Reality LTC 6:30 Scrabble IML 7:00 Knit Night 2IL No Maureen No Dan</p>	<p>25 Christmas Day</p> <p>10:45 Christmas Games and Hot Chocolate IML 1:30 Christmas Games and Hot Chocolate LTC/SL</p> 	<p>26 Boxing Day</p> <p>10:45 Boxing Day Traditions IML 1:30 Boxing Day Traditions LTC/SL</p> 	<p>27 Wellness Clinic (Denise)</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:30 On this Day IML 11:15 Finding Balance FC 1:30 On this Day IML 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:30 Ipad Memory Lane LTC 6:00 Wellness Bingo 2FW 6:00 Music Video MFA</p> <p>No Dan</p>	<p>28</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 1:30 Pathways Music LTC/SL 2:00 Library 2IL 2:30 Occupational Therapy 1:1's LTC 2:30 Ice Cream Social MFA 3:30 Gentle Stretch MFA 6:30 Entertainment with The Waltons FW</p> <p>No Dan</p>	<p>29</p> <p>1:15 Bingo FC 3:00 Adventist Choir 2FW</p>
<p>30</p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Terry Jorden FW</p>	<p>31</p> <p>8:00 Folding the Newsletter MFA 1:30 New Years Celebration 2FW</p>  <p>No Dan No Pam</p>	<p>Newspaper Recycling Wednesdays by 10:00 am All Newspaper, black & white and colored. No glossy paper or garbage.</p> 	<p>Cards 7:00</p> <p>Canasta— Monday & Thursday 3IL</p> <p>Canasta- Wednesday & Friday & Sunday 2IL</p> <p>Crib- Tuesday & Saturday 3IL</p>	<p>Vendors</p> <p>Dec 4&5 Wool Jackets Dec 17 Nutman Dec 20 Sunset Gourmet</p> <p>** Please Note ** The events, dates and details are subject to change.</p>	<p>Legend:</p> <p>1FW: 1st Floor Wellness 1ML: 1st Floor Manor Lounge 2ML: 2nd Floor Manor Lounge 2IL: 2nd Floor Library 2FW: 2nd Floor Wellness 3IL: 3rd Floor Inn Lounge 3PC: 3rd Floor Pastoral Care 3rd Floor Manor KVCC: Kensington Village Christian Church MFA: Main Floor Auditorium 4IG: 4th Floor Inn Games Room 4MMR: 4th Floor Manor Meeting Room 4ER: 4th Floor Manor Exercise Room</p>	<p>Legend:</p> <p>WL: Wellness Lobby DRO: Dr.'s Office CRT: Courtyard VDR: Village Dining Room FC: Friendly Corner</p> <p>LTC- Long Term Care residents only</p> <p>LTC/SL—Long Term and Supportive Living residents only</p>