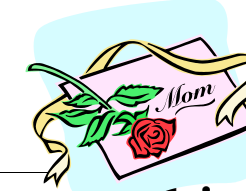


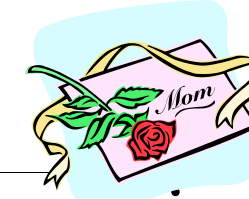
May 2019 Kensington Village Active Living Calendar







SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 9:00 Men's Strength 4ER 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together MFA 1:00 Shopping at the Italian Shop \$7 1:30 Hangman LTC/SL 2:00 Wheel of Fortune MFA 2:15 Mind and Body LTC 3:00 Sensory Cart LTC/SL 3:30 Catholic Mass 3KVCC 4:00 Seasonal Decorating LTC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC/SL	2 Wellness Clinic (Denise) 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 School Visit from Bishop Motiuk 2FW 11:15 Finding Balance FC 1:00 Shopping Walmart \$7 1:30 On this Day LTC/SL 1:30 Crafts IML 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 You be the Judge IML 3:00 Ipad Memory lane LTC/SL 3:00 OT Support Group LTC 6:00 Church Movie 3KVCC "The Shack"	3 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC /SL 10:00 Walking Club FC 1:30 Pathways Music LTC/SL 2:00 Library 2IL 2:30 Farewell to Laura Ice Cream Sundaes MFA 2:00 Occupational Therapy 1:1's LTC 6:30 Entertainment with Jackson 2FW	4 10:45 Bean Bag Boogey LTC/SL 1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW
5 10:00 Worship Service 3KVC 6:30 Entertainment with Larry Renn 2FW 	6 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for You LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Table Top Bowling LTC/SL 3:00 Just you and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL	7 9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Crossword Puzzle IML 11:15 Finding Balance FC 1:30 Taste of Mexico LTC/SL 1:30 Sit n Be Fit IML 2:15 Sensory Cart LTC 6:30 Ballet Lindo Mexico 2FW	8 9:00 Men's Strength 4ER 9:30 Virtual Reality IML 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together MFA 2:00 Rita Buttiri 11th Birthday IFW 2:00 Wheel of Fortune MFA 2:15 Mind and Body LTC 3:00 Sensory Cart LTC/SL 3:30 Catholic Mass 3KVCC 6:15 Magnetic Darts LTC/SL	9 9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:30 On this Day IML 11:15 Finding Balance FC 1:00 Shopping Kingsway \$7 1:30 On this Day LTC/SL 1:30 Crafts IML 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 Ipad Memory lane LTC/SL 3:00 You be the Judge IML 6:00 Wellness Bingo 2FW 6:00 KV at the Movies MFA	10 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 10:00 Personal Touch Fashions MFA 11:00 Coffee with Fred 2FW 1:30 Virtual Reality LTC/SL 2:00 Library 2IL 2:00 Occupational Therapy 1:1's LTC 2:30 Ice Cream Social MFA 3:30 Gentle Stretch MFA 6:30 Entertainment with Calder Cuties 2FW	11 1:30 Letter Scramble with Glenda IFW
12 Mothers Day 10:00 Worship Service 3KVCC 1:30 Mothers Day Entertainment with Northern Hearts 2FW 	13 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for You LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:30 Lawn Darts LTC/SL 2:00 Occupational Therapy 1:1's LTC 3:00 Just you and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL	14 Garage Sale 9AM-7PM 9:00 Men's Strength 4ER 9:30 Sit n Be fit LTC/SL 10-11:00 Servus Credit Union 3IL 2:00 Sensory Cart LTC 2:45 Occupational Therapy 1:1s 	15 Garage Sale 9AM-7PM 9:00 Men's Strength 4ER 10:00 Prayer Gathering 3KVCC 10:00 Anglican Service 4MMR 1:00 Mind & Body LTC 2:00 Pathways Music LTC 2:45 Ward Walks with Nikko LTC 3:30 Catholic Mass 3KVCC	16 Garage Sale 9AM-7PM 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 2:00 Hand Therapy LTC 2:45 OT Support Group LTC	17 Garage Sale Cleanup 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Parkinson Support Group 4MMR 1:00 Duet Bike LTC 6:30 Entertainment with The Essotones 2FW	18 1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW No Pam

May 2019 Kensington Village Active Living Calendar



SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>19</p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Jeff Ramsey 2FW</p> 	<p>20 Victoria Day</p> <p>9:00 Men's Strength 4ER</p> <p>9:15 Exercise Class MFA</p> <p>9:30 Spa for you LTC/SL</p> <p>10:00 United Church 3KVCC</p> <p>10:45 Circle Soccer LTC/SL</p> <p>1:15 Bingo FC</p> <p>1:30 Table Top Bowling LTC/SL</p> <p>2:00 Occupational Therapy 1:1's LTC</p> <p>3:00 Just You and I LTC/SL</p> <p>6:30 Scrabble IML</p> <p>7:00 Knit Night 2IL</p> <p>No Dan No Maureen</p>	<p>21</p> <p>9:00 Men's Strength 4ER</p> <p>9:30 Sit n Be Fit LTC/SL</p> <p>10:00 Crossword Puzzles IML</p> <p>10:00 Ukrainian Catholic 4MMR</p> <p>11:15 Finding Balance FC</p> <p>1:00 ETS information Session MFA</p> <p>1:30 Sit n Be Fit IML</p> <p>1:30 Good Ol Days LTC/SL</p> <p>1:30 Auxiliary Meeting 2IL</p> <p>2:00 Sensory Cart LTC</p> <p>2:45 Occupational Therapy 1:1's</p> <p>6:30 Team Challenge: Connect Four LTC/SL</p>	<p>22</p> <p>9:00 Men's Strength 4ER</p> <p>10:00 Volleyball LTC/SL</p> <p>10:00 Did You Ever IML</p> <p>10:00 Prayer Gathering 3KVCC</p> <p>10:00 Stronger Together FC</p> <p>11:00 Book Club 2ML</p> <p>1:30 Monthly Birthday Party with Lions Big Band \$3.50 MFA</p> <p>1:30 Hangman LTC/SL</p> <p>2:00 Pathways Music LTC</p> <p>2:45 Ward Walks with Nikko LTC</p> <p>3:00 Virtual Reality LTC/SL</p> <p>3:30 Catholic Mass 3KVCC</p> <p>6:00 Visit by the 112 Wellington Beavers 2FW</p> <p>6:00 KV at the Movies MFA</p>	<p>23</p> <p>8:30 Shopping for plants By Invitation</p> <p>9:00 Men's Strength 4ER</p> <p>9:15 Exercise Class MFA</p> <p>9:30 Sit n Be Fit LTC/SL</p> <p>11:15 Finding Balance FC</p> <p>1:00 Shopping to Londonderry \$7</p> <p>1:30 Sit n Be Fit IML</p> <p>2:00 Wii Bowling MFA</p> <p>2:00 Hand Therapy LTC</p> <p>2:45 OT Support Group LTC</p> <p>3:00 Ipad Memory Lane LTC</p> <p>6:00 Wellness Bingo 2FW</p> <p>No Vanessa</p>	<p>24</p> <p>9:00 Men's Strength 4ER</p> <p>9:15 Exercise Class MFA</p> <p>10:00 Mini Golf LTC/SL</p> <p>11:00 Coffee with Fred 2FW</p> <p>1:00 Duet Bike LTC</p> <p>1:30 Music Moments LTC/SL</p> <p>2:00 Library 2IL</p> <p>2:30 Ice Cream Social MFA</p> <p>6:30 Entertainment with Jacinta 2FW</p> <p>No Vanessa No Maureen</p>	<p>25</p> <p>10:45 Bean Bag Boogey LTC/SL</p> <p>1:15 Bingo FC</p> <p>1:3 Letter Scramble LTC/SL</p> <p>3:00 Adventist Choir 2FW</p>
<p>26</p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with David Leigh 2FW</p> 	<p>27</p> <p>9:00 Men's Strength 4ER</p> <p>9:15 Exercise Class MFA</p> <p>9:30 Spa for you LTC/SL</p> <p>10:00 Hymn Sing 2FW</p> <p>10:00 Stronger Together MFA</p> <p>10:45 Circle Soccer LTC/SL</p> <p>1:15 Bingo FC</p> <p>1:30 Lawn Dart LTC/SL</p> <p>2:00 Occupational Therapy 1:1's LTC</p> <p>3:00 Just you and I LTC/SL</p> <p>6:30 Scrabble IML</p> <p>7:00 Knit Night 2IL</p>	<p>28</p> <p>Garden Planting</p> <p>9:00 Men's Strength 4ER</p> <p>9:30 Sit n Be Fit LTC/SL</p> <p>10:00 Armchair Travels With EPL MFA</p> <p>11:15 Finding Balance FC</p> <p>2:00 Sensory Cart LTC</p> <p>2:45 Occupational Therapy 1:1's LTC</p> <p>6:30 Old time Music 2FW</p>	<p>29</p> <p>Garden Planting</p> <p>9:00 Men's Strength 4ER</p> <p>10:00 Long Term Care and Supportive Living Resident And Family Forum 2FW</p> <p>10:00 Prayer Gathering 3KVCC</p> <p>10:00 Stronger Together FC</p> <p>1:00 Mind and Body LTC</p> <p>2:00 Creative Social FC</p> <p>2:00 Pathways Music LTC</p> <p>2:45 Ward Walks with Nikko LTC</p> <p>3:30 Catholic Mass 3KVCC</p>	<p>30</p> <p>Garden Planting</p> <p>9:00 Men's Strength 4E</p> <p>9:15 Exercise Class MFA</p> <p>11:15 Finding Balance FC</p> <p>2:00 Wii Bowling MFA</p> <p>2:00 Hand Therapy LTC</p> <p>2:45 OT Support Group LTC</p> <p>6:00 Wellness Bingo 2FW</p> <p>6:00 KV at the Movies MFA</p>	<p>31</p> <p>8:00 Folding the Newsletter MFA</p> <p>9:00 Men's Strength 4ER</p> <p>9:15 Exercise Class MFA</p> <p>10:00 Mini Golf LTC/SL</p> <p>10:00 Walking Club FC</p> <p>10:00 Shop Easy Fashions MFA</p> <p>1:00 Duet Bike LTC</p> <p>1:30 Music Moments LTC/SL</p> <p>2:00 Library 2IL</p> <p>2:30 Ice Cream Social MFA</p> <p>3:30 Gentle Stretch MFA</p> <p>6:30 Entertainment with Jacinta 2FW</p>	
		<p>Newspaper Recycling Wednesdays by 10:00 am All Newspaper, black & white and colored. No glossy paper or garbage.</p> 	<p>Cards 7:00</p> <p>Canasta— Monday & Thursday 3IL</p> <p>Canasta- Wednesday & Friday & Sunday 2IL</p> <p>Crib- Tuesday & Saturday 3IL</p>	<p>Vendors</p> <p>May 1- 5th Avenue Jewelry</p> <p>May 4- JY Jewels</p> <p>May 6- Sheila's Gifts</p> <p>May 14- Happiness is Homemade</p> <p>May 24 Sunset Gourmet</p> <p>** Please Note ** The events, dates and details are subject to change.</p>	<p>Legend:</p> <p>1FW: 1st Floor Wellness</p> <p>1ML: 1st Floor Manor Lounge</p> <p>2ML: 2nd Floor Manor Lounge</p> <p>2IL: 2nd Floor Library</p> <p>2FW: 2nd Floor Wellness</p> <p>3IL: 3rd Floor Inn Lounge</p> <p>3PC: 3rd Floor Pastoral Care</p> <p>3rd Floor Manor KVCC:</p> <p>Kensington Village Christian Church</p> <p>MFA: Main Floor Auditorium</p> <p>4IG: 4th Floor Inn Games Room</p> <p>4MMR: 4th Floor Manor Meeting Room</p> <p>4ER: 4th Floor Manor Exercise Room</p>	<p>Legend:</p> <p>WL: Wellness Lobby</p> <p>DRO: Dr.'s Office</p> <p>CRT: Courtyard</p> <p>VDR: Village Dining Room</p> <p>FC: Friendly Corner</p> <p>LTC- Long Term Care residents only</p> <p>LTC/SL—Long Term and Supportive Living residents only</p>