




# March 2019 Kensington Village Active Living Calendar




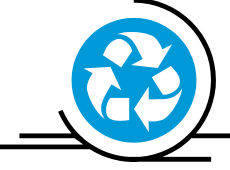
SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						<p><b>1</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            10:00 Mini Golf LTC /SL            10:00 Walking Club FC            1:30 Pathways Music LTC/SL            2:00 Library 2IL            2:30 Ice Cream Social MFA            2:30 Occupational Therapy 1:1's LTC            3:30 Gentle Stretch MFA            6:30 Entertainment with Randy and Rai 2FW</p>
						<p><b>2</b></p> <p>1:15 Bingo FC            1:30 Letter Scramble with Glenda 1FW</p>
<p><b>3</b></p> <p>10:00 Worship Service 3KVCC            6:30 Entertainment with Classic Country 2FW</p> 	<p><b>4</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Spa for You LTC/SL            10:00 Hymn Sing 2FW            10:00 Stronger Together MFA            10:45 Circle Soccer LTC/SL            1:15 Bingo FC            1:30 Curling LTC/SL            3:00 Just you and I LTC/SL            6:30 Scrabble IML            7:00 Knit Night 2IL</p>	<p><b>5</b></p> <p>9:00 Men's Strength 4ER            9:30 Sit n Be Fit LTC/SL            10:00 Carpet Bowling MFA            11:15 Finding Balance FC            1:30 Men's Club 2FW            1:30 Sit n Be Fit IML            2:15 Sensory Cart LTC            3:00 Pathways Music LTC/SL            6:30 Old Time Music 2FW</p>	<p><b>6</b></p> <p>9:00 Men's Strength 4ER            10:00 Volleyball LTC/SL            10:00 Prayer Gathering 3KVCC            10:00 Stronger Together FC  <b>1:30 Monthly Birthday Party with Morinville Minstrils \$3.50 MFA</b>            2:15 Occupational Therapy 1:1's LTC            3:30 Catholic Mass 3KVCC            6:00 KV at the Movies MFA            6:15 Magnetic Darts LTC/SL</p>	<p><b>7</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Sit n Be Fit LTC/SL            11:15 Finding Balance FC            2:00 Wii Bowling MFA            2:15 Hand Therapy LTC            6:00 Church Movie "I can only Imagine" 3KVCC</p> <p>No Vanessa</p>	<p><b>8</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            10:00 Mini Golf LTC/SL            10:00 Personal Touch Fashions MFA            11:00 Coffee with Fred 2FW            1:30 Music Moments LTC/SL            2:00 Library 2IL            2:30 Ice Cream Social MFA            2:30 Occupational Therapy 1:1's LTC            6:30 Entertainment with Colleen Lazoruk 2FW</p> <p>No Maureen</p>	<p><b>9</b></p> <p>1:15 Bingo FC  <b>2:00 Concordia Community Band 2FW</b></p>
<p><b>10 Daylight Savings Time Begins</b></p> <p>10:00 Worship Service 3KVCC  <b>3:00 Dolar drugs Concert Series with the Joyful Melody Trio</b>            6:30 Entertainment with Northern Heart 2FW</p> 	<p><b>11</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Spa for You LTC/SL            10:00 Hymn Sing 2FW  <b>10:00 Resident Meeting MFA</b>            10:45 Circle Soccer LTC/SL            1:15 Bingo FC            1:30 Table Top Bowling LTC/SL            6:30 Scrabble IML            7:00 Knit Night 2IL</p> <p>No Pam            No Maureen</p>	<p><b>12</b></p> <p>9:00 Men's Strength 4ER            9:30 Sit n Be fit LTC/SL            10:15 Crossword Puzzles IML            11:15 Finding Balance FC            1:30 Sit n Be Fit IML            1:30 Washer Toss LTC/SL            1:30 Auxiliary Meeting 2IL            2:15 Sensory Cart LTC            3:00 Pathways Music LTC/SL            6:30 Name that Tune LTC/SL</p>	<p><b>13</b></p> <p>9:00 Men's Strength 4ER            10:00 Volleyball LTC/SL            10:00 Prayer Gathering 3KVCC            10:00 Stronger Together FC            1:30 Magnetic Darts LTC/SL            2:00 Creative Social FC            2:00 Wheel of Fortune MFA            2:15 Occupational Therapy 1:1's LTC            3:00 Sensory Cart LTC/SL            3:30 Catholic Mass 3KVCC            6:00 KV at the Movies MFA</p>	<p><b>14</b></p> <p>9:00 Men's Strength 4ER            9:15 Exercise Class MFA            9:30 Sit n Be Fit LTC/SL            10:30 On this Day IML            11:15 Finding Balance FC            1:00 Shopping to Kingsway \$7            2:00 Wii Bowling MFA            2:15 Hand Therapy LTC            3:00 OT Support Group LTC            6:00 Wellness Bingo 2FW</p>	<p><b>15</b></p> <p>9:00 Men's Strength 4ER  <b>9:00-12 Free Tax service through CPA FC</b>            9:15 Exercise Class MFA            10:00 Mini Golf LTC/SL            10:00 Walking Club FC            10:00 Personal Touch Fashions MFA            10:00 Parkinson SuppoGroup4MMR            1:30 Pathways Music LTC/SL            2:00 Library 2IL            2:00 Three Blind Mice 3IL            2:30 Ice cream Social MFA            2:30 Occupational Therapy 1:1's LTC            3:30 Gentle Stretch MFA            6:30 Entertainment with Golden Dreams 2FW</p>	<p><b>16</b></p> <p>1:15 Bingo FC            1:30 Letter Scramble with Glenda 1FW</p>

# March 2019 Kensington Village Active Living Calendar



SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p><b>17 St. Patrick's Day</b></p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Peter and Mary 2FW</p> 	<p><b>18</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for you LTC/SL 10:00 Hymn Sing 2FW 10:00 United Service 3KVCC 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 <b>St. Patrick's Social 2FW</b> 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p><b>19</b></p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Ukrainian Catholic 4MMR 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 Sit n Be Fit IML 1:30 Men's Club LTC/SL <b>2:00 Memorial Service 3KVCC</b> 2:15 Sensory Cart LTC 3:00 Pathways Music LTC/SL 6:30 Team Challenge: Connect Four LTC/SL</p>	<p><b>20 First Day of Spring</b></p> <p>9:00 Men's Strength 4ER 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 10:00 Anglican Service 4MMR 11:00 Book Club 2ML <b>1:30 Farewell to Sheila MFA</b> 2:15 Occupational Therapy 1:1's LTC 3:30 Catholic Mass 3KVCC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC/SL</p>	<p><b>21</b></p> <p>9:00 Men's Strength 4E 9:15 Exercise Class MFA 9:30 Sit N Be Fit LTC/SL 10:30 On this Day IML 11:15 Finding Balance FC 1:00 Shopping to Walmart \$7 1:30 On This Day LTC/SL 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 Ipad Memory Lane LTC 6:00 KV at the Movies MFA</p>	<p><b>22</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 11:00 Coffee with Fred 2FW 1:30 Music Moments LTC/SL 1:30 <b>Garden Planning Meeting 4MMR</b> 2:00 Library 2IL 2:30 Ice Cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 6:30 Entertainment with Musical Journey 2 FW</p>	<p><b>23</b></p> <p>1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW</p>
<p><b>24</b></p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Prairie Wind 2FW</p> 	<p><b>25</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Table Top Bowling LTC/SL 3:00 Just you and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL</p> <p>No Vanessa</p>	<p><b>26</b></p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Servus Credit Union 3IL 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 2:00 Washer Toss LTC/SL 2:15 Sensory Cart LTC 3:00 Pathways LTC/SL 6:00 <b>Diners Club Chinese Food By invitation LTC/SL</b></p>	<p><b>27</b></p> <p>9:00 Men's Strength 4ER 10:00 <b>Long Term Care and Supportive Living Resident And Family Forum 2FW</b> 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together MFA 11:00 Book Club 2ML 1:30 Hangman LTC/SL 2:00 Creative Social FC 2:00 Wheel of Fortune MFA 2:15 Mind &amp; Body LTC 3:00 Catholic Mass 3KVCC 3:00 Sensory Cart LTC 6:00 KV at the Movies MFA 6:15 Magnetic Darts LTC/SL</p>	<p><b>28 Wellness Clinic (Denise)</b></p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Sit N Be Fit LTC/SL 10:30 On this Day IML 11:15 Finding Balance FC 1:00 Shopping to St. Albert Mall \$7 1:30 On this Day LTC/SL 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 OT Support Group LTC 3:00 Ipad Memory Lane LTC/SL 6:00 Wellness Bingo 2FW</p>	<p><b>29</b></p> <p>8:00 Folding the Newsletter MFA 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 10:00 Shop Easy Fashions MFA 1:30 Music Moments LTC/SL 2:00 Library 2IL 2:30 Ice Cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 6:30 Entertainment with Nighthawks 2 FW</p>	<p><b>30</b></p> <p>1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW 3:00 Adventist Choir 2FW</p>
<p><b>31</b></p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Jacinta 2FW</p> 		<p><b>Newspaper Recycling</b> Wednesdays by 10:00 am All Newspaper, black &amp; white and colored. No glossy paper or garbage.</p> 	<p><b>Cards</b> 7:00 Canasta- Monday &amp; Thursday 3IL  Canasta- Wednesday &amp; Friday &amp; Sunday 2IL  Crib- Tuesday &amp; Saturday 3IL</p>	<p><b>Vendors</b> March 6- 5th Avenue Jewelry March 13 Norwex March 15 Vendor Wool Jackets March 19 Sunset Gourmet <b>** Please Note **</b> <b>The events, dates and details are subject to change.</b></p>	<p><b>Legend:</b> 1FW: 1st Floor Wellness 1ML: 1st Floor Manor Lounge 2ML: 2nd Floor Manor Lounge 2IL: 2nd Floor Library 2FW: 2nd Floor Wellness 3IL: 3rd Floor Inn Lounge 3PC: 3rd Floor Pastoral Care 3rd Floor Manor KVCC: Kensington Village Christian Church MFA: Main Floor Auditorium 4IG: 4th Floor Inn Games Room 4MMR: 4th Floor Manor Meeting Room 4ER: 4th Floor Manor Exercise Room</p>	<p><b>Legend:</b> WL: Wellness Lobby DRO: Dr.'s Office CRT: Courtyard VDR: Village Dining Room FC: Friendly Corner</p> <p><b>LTC- Long Term Care residents only</b></p> <p><b>LTC/SL—Long Term and Supportive Living residents only</b></p>