

April 2019 Kensington Village Active Living Calendar








SHEPHERD'S CARE FOUNDATION

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 April Fool's Day Chicks Arrive Today 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for You LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Lawn Darts LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL	2 9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 Men's Club 2FW 1:30 Sit n Be Fit IML 2:15 Sensory Cart LTC 3:00 Seasonal Decorating LTC/SL 6:30 Old Time Music 2FW	3 9:00 Men's Strength 4ER 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 1:30 Monthly Birthday Party with Melody Singers \$3.50 MFA 2:15 Occupational Therapy 1:1's LTC 3:30 Catholic Mass 3KVCC 6:00 KV at the Movies MFA 6:30 Visit by the Navy Cadets 2FW	4 Wellness Clinic (Denise) 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 School Visit from Bishop Motiuk 2FW 11:15 Finding Balance FC 1:00 Shopping Walmart \$7 1:30 On this Day LTC/SL 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 Ipad Memory lane LTC/SL 3:00 OT Support Group LTC 6:00 Church Movie "God Blessed the Broken Road" 3KVCC	5 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC /SL 10:00 Walking Club FC 11:00 Coffee with Fred 2FW 1:30 Pathways Music LTC/SL 2:00 Library 2IL 2:30 Ice Cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 6:30 Entertainment with Jackson 2FW	6 1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW
7 National Volunteer Appreciation Week 10:00 Worship Service 3KVCC 6:00 Dolar Drugs Concert Series with the Vanguard College Choir 3KVCC 	8 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for You LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Table Top Bowling LTC/SL 3:00 Just you and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL	9 9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Crossword Puzzle IML 11:15 Finding Balance FC 1:30 Horse Shoes 2FW 1:30 Sit n Be Fit IML 1:30 Auxiliary Meeting 2IL 2:15 Sensory Cart LTC 6:30 Festival City Wind 2FW	10 9:00 Men's Strength 4ER 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 12:00 Volunteer Appreciation By Invitation MFA 2:15 Mind and Body LTC 3:30 Catholic Mass 3KVCC 	11 Wellness Clinic (Denise) 9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:30 On this Day IML 10:30 School visit with St. Edmunds FC 11:30 Lunch Outing to Red Lobster \$7 + Food 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 Ipad Memory lane LTC/SL 6:00 Wellness Bingo 2FW 6:00 KV at the Movies MFA	12 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 10:00 Personal Touch Fashions MFA 1:30 Music Moments LTC/SL 2:30 Ice Cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 5:00 2019 Cake Auction at Chateau Lacombe Hotel 6:30 Entertainment with Calder Cuties 2FW	13 1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW
14 10:00 Worship Service 3KVCC 6:30 Entertainment with Jukebox Leigh 2FW 	15 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for You LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:00 United Church 3KVCC 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Lawn Darts LTC/SL 3:00 Just you and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL	16 9:00 Men's Strength 4ER 9:30 Sit n Be fit LTC/SL 10:00 Ukrainian Catholic 4MMR 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 Sit n Be Fit IML 2:15 Sensory Cart LTC 3:00 Pathways Music LTC/SL 6:30 Name that Tune LTC/SL	17 National Film Day In Canada 9:00 Men's Strength 4ER 10:00 Volleyball LTC/SL 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 11:00 Book Club 2ML 10:00 Anglican Service 4MMR 2:00 Creative Social FC 2:00 Wheel of Fortune MFA 2:00 Cream Cycle Send Off for Cynthia 2FW 3:30 Catholic Mass 3KVCC 6:00 KV at the Movies MFA "Breakaway" No Pam	18 Wellness Clinic (Denise) 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Sit n Be Fit LTC/SL 10:30 On this Day LTC/SL 11:15 Finding Balance FC 1:00 Shopping to Kingsway \$7 1:30 On this Day LTC/SL 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 Ipad Memory lane LTC/SL 3:00 OT Support Group LTC 6:00 Wellness Bingo 2FW No Pam	19 Good Friday 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 1:30 Music Moments LTC/SL 2:30 Ice cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA No Dan	20 1:15 Bingo FC 1:30 Letter Scramble with Glenda IFW 

April 2019 Kensington Village Active Living Calendar



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>21 Easter</p> <p>10:00 Worship Service 3KVCC</p> 	<p>22 Easter Monday</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for you LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Table Top Bowling LTC/SL 3:00 Just You and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p>23</p> <p>9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:00 Servus Credit Union 3IL 11:15 Finding Balance FC 1:00 School visit with St. Edmunds Kindergarten MFA 1:30 Good Ol Days LTC/SL 2:15 Sensory Cart LTC 3:00 Pathways Music LTC/SL 6:30 Team Challenge: Connect Four LTC/SL No Pam</p>	<p>24 9:00 Men's Strength 4ER 10:00 Long Term Care and Supportive Living Resident And Family Forum 2FW 10:00 Virtual Reality IML 10:00 Prayer Gathering 3KVCC 10:00 Stronger Together FC 11:00 Book Club 2ML 1:30 Hangman LTC/SL 2:00 Wheel of Fortune MFA 2:15 Mind and Body LTC 3:00 Virtual Reality LTC/SL 3:30 Catholic Mass 3KVCC 6:00 KV at the Movies MFA No Pam</p>	<p>25 Wellness Clinic (Denise)</p> <p>9:00 Men's Strength 4E 9:15 Exercise Class MFA 9:30 Sit N Be Fit LTC/SL 10:00 Good Ol Days LTC/SL 10:30 On this Day IML 11:15 Finding Balance FC 1:00 Shopping to Londonderry \$7 1:30 On This Day LTC/SL 1:30 Sit n Be Fit IML 2:00 Wii Bowling MFA 2:15 Hand Therapy LTC 3:00 Ipad Memory Lane LTC 6:00 Wellness Bingo 2FW No Maureen</p>	<p>26 9:00 Men's Strength 4ER 9:15 Exercise Class MFA 10:00 Mini Golf LTC/SL 10:00 Walking Club FC 10:00 Shop Easy Fashions MFA 11:00 Coffee with Fred 2FW 1:30 Music Moments LTC/SL 1:30 Garden Planning Meeting 4MMR 2:00 Library 2IL 2:30 Ice Cream Social MFA 2:30 Occupational Therapy 1:1's LTC 3:30 Gentle Stretch MFA 6:30 Entertainment with The Essotones 2 FW No Maureen</p>	<p>27</p> <p>1:15 Bingo FC 1:3 Letter Scramble LTC/SL 3:00 Adventist Choir 2FW</p>
<p>28</p> <p>10:00 Worship Service 3KVCC</p> <p>6:30 Entertainment with Bruce Veroba 2FW</p> 	<p>29</p> <p>9:00 Men's Strength 4ER 9:15 Exercise Class MFA 9:30 Spa for you LTC/SL 10:00 Hymn Sing 2FW 10:00 Stronger Together MFA 10:45 Circle Soccer LTC/SL 1:15 Bingo FC 1:30 Lawn Dart LTC/SL 3:00 Just you and I LTC/SL 6:30 Scrabble IML 7:00 Knit Night 2IL</p>	<p>30</p> <p>8:00 Folding the Newsletter MFA 9:00 Men's Strength 4ER 9:30 Sit n Be Fit LTC/SL 10:15 Crossword Puzzles IML 11:15 Finding Balance FC 1:30 Horse Shoes LTC/SL 1:30 Sit n Be Fit IML 2:15 Sensory Cart LTC 3:00 Pathways Music LTC/SL 6:30 Old time Music 2FW</p>				
		<p>Newspaper Recycling Wednesdays by 10:00 am All Newspaper, black & white and colored. No glossy paper or garbage.</p> 	<p>Cards 7:00 Canasta- Monday & Thursday 3IL Canasta- Wednesday & Friday & Sunday 2IL Crib- Tuesday & Saturday 3IL</p>	<p>Vendors April 3- 5th Avenue Jewelry April 11- Sheila's Gifts April 12 Happiness is homemade April 15 Watkins ** Please Note ** The events, dates and details are subject to change.</p>	<p>Legend: 1FW: 1st Floor Wellness 1ML: 1st Floor Manor Lounge 2ML: 2nd Floor Manor Lounge 2IL: 2nd Floor Library 2FW: 2nd Floor Wellness 3IL: 3rd Floor Inn Lounge 3PC: 3rd Floor Pastoral Care 3rd Floor Manor KVCC: Kensington Village Christian Church MFA: Main Floor Auditorium 4IG: 4th Floor Inn Games Room 4MMR: 4th Floor Manor Meeting Room 4ER: 4th Floor Manor Exercise Room</p>	<p>Legend: WL: Wellness Lobby DRO: Dr.'s Office CRT: Courtyard VDR: Village Dining Room FC: Friendly Corner LTC- Long Term Care residents only LTC/SL—Long Term and Supportive Living residents only</p>