

Barrhead: Spring/Summer 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1							
BREAKFAST	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Cream of Wheat or Cold Cereal ☞ Poached Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Red River or Cold Cereal ☞ Cheddar cheese ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oatmeal or Cold Cereal ☞ French Toast & sausage 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oat Bran or Cold Cereal ☞ Melon Slice ☞ Toast ☞ Peanut Butter 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Cream of Wheat or Cold Cereal ☞ Fried Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oat Bran or Cold Cereal ☞ Scrambled Eggs ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oatmeal or Cold Cereal ☞ Pancakes ☞ Bacon
LUNCH	<ul style="list-style-type: none"> ☞ Turkey Chowder ☞ Seafood Salad Sandwich ☞ Caesar Salad ☞ Strawberry short cake 	<ul style="list-style-type: none"> ☞ Minestrone Soup ☞ Cottage Cheese Plate (cucumber/tomato salad, cheese bacon biscuit) ☞ Ice Cream 	<ul style="list-style-type: none"> ☞ Cream of Carrot ☞ BBQ Shaved Beef On a Bun ☞ Sweet Mixed Pickles ☞ Fresh fruit 	<ul style="list-style-type: none"> ☞ Beef Noodle Soup ☞ Hot Dog ☞ Baked Beans ☞ Tomato Wedge ☞ Tangerine Mousse with Ice Wafers 	<ul style="list-style-type: none"> ☞ Tomato Soup ☞ Grilled Cheese Sandwich ☞ Dill Pickle Slice ☞ Apricots 	<ul style="list-style-type: none"> ☞ Baked Potato Soup ☞ Salmon Sld Sandwich ☞ Tossed Salad ☞ Crushed Pineapple 	<ul style="list-style-type: none"> ☞ Cream of Vegetable Soup ☞ Salad Plate: Pasta Salad, Salami, Cheddar Cheese, Cucumber tomato salad & Bun ☞ Jellied Fruit Cocktail with Whipped Topping
DINNER	<ul style="list-style-type: none"> ☞ Meatloaf with Gravy OR ☞ Roast Pork Loin/Gravy ☞ Whipped Potatoes ☞ Green Beans ☞ Assorted Breads ☞ Fresh Fruit 	<ul style="list-style-type: none"> ☞ Ham Steak/ Mustard Sauce OR ☞ Breaded Veal Cutlet/Mushroom Gravy ☞ Scalloped Potatoes ☞ Peas ☞ Dinner Bun ☞ Pears & Rice Krispie Squares 	<ul style="list-style-type: none"> ☞ Fish & Chips ☞ Tartar Sauce OR ☞ Fried Chicken ☞ Coleslaw ☞ Whole Wheat Dinner Bun ☞ Pineapple Square 	<ul style="list-style-type: none"> ☞ Sweet & Sour Meatballs OR ☞ Jambalaya ☞ Steamed Rice ☞ Oriental Vegetables ☞ Dinner Bun ☞ Tropical Fruit Cocktail 	<ul style="list-style-type: none"> ☞ BBQ Chicken OR ☞ Salisbury Steak/Gravy ☞ Oven Roasted Potatoes ☞ Marinated salad ☞ Assorted Breads ☞ Chocolate Cake/Coffee Icing 	<ul style="list-style-type: none"> ☞ Garlic Sausage ☞ Hot Beef Sandwich ☞ Mashed potato with bacon, cheese & onions ☞ Braised Sauerkraut ☞ Assorted Bread ☞ Vanilla Pudding/Whip Top/Cherry 	<ul style="list-style-type: none"> ☞ Pork Loin OR ☞ Lasagna ☞ Mashed Potato/Gravy ☞ Broccoli ☞ Dinner Bun ☞ Cheesecake/Whip Top/Mandarin Orange Slice

Barrhead: Spring/Summer 2018

	2 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Cream of Wheat or Cold Cereal ☞ Swiss Cheese ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Rolled Oats or Cold Cereal ☞ Scrambled Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oat Bran or Cold Cereal ☞ French Toast with Syrup ☞ Sausage 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Red River or Cold Cereal ☞ Fresh Fruit ☞ Yoghurt ☞ Raisin Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oat Bran or Cold Cereal ☞ Fried Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Cream of Wheat or Cold Cereal ☞ Poached egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oatmeal or Cold Cereal ☞ Pancakes/syrup ☞ Toast
LUNCH	<ul style="list-style-type: none"> ☞ Chicken Noodle soup ☞ Egg Salad Sandwich ☞ Zucchini Salad ☞ Fresh fruit 	<ul style="list-style-type: none"> ☞ Mulligatawny Soup ☞ Fish Burger with Tartar Sauce ☞ Tossed Salad ☞ Lemon Tart 	<ul style="list-style-type: none"> ☞ Cream of Mushroom Soup ☞ Grilled Reuben Salad Sandwich ☞ Carrot Salad ☞ Maple Mania Cake 	<ul style="list-style-type: none"> ☞ Vegetable Soup ☞ Macaroni & Cheese ☞ Cold Stewed Tomatoes ☞ Peaches 	<ul style="list-style-type: none"> ☞ Borscht Soup ☞ Turkey Salad Sandwich ☞ Carrot Salad ☞ Strawberry & Cream 	<ul style="list-style-type: none"> ☞ Beef Vegetable Soup ☞ Cold Plate: Ham, turkey, cheese, bun, pasta salad, sliced cucumbers ☞ Mini Donuts 	<ul style="list-style-type: none"> ☞ New England Clam Chowder ☞ Cottage Cheese Plate (Fruit/Muffin) ☞ Sherbet
DINNER	<ul style="list-style-type: none"> ☞ Shepherd's Pie with Gravy OR ☞ Oven Roast Chicken/Gravy ☞ Green Beans ☞ Whole Wheat Bun ☞ Ice Cream 	<ul style="list-style-type: none"> ☞ Pork Cutlet with Gravy OR ☞ Meatballs in Mushroom Sauce ☞ Mashed Potatoes ☞ Squash ☞ Multigrain Bun ☞ Apricots 	<ul style="list-style-type: none"> ☞ Teriyaki Chicken Or ☞ Baked Ham/Pineapple Slice ☞ Baked Potato w/ Sour Cream & Chives ☞ Mixed Vegetables ☞ Whole Wheat Bun ☞ Fresh Fruit 	<ul style="list-style-type: none"> ☞ Basa Fish with Dill Sauce OR ☞ Veal Parmesan ☞ Garlic Mashed Potatoes ☞ Carrot Sticks ☞ Assorted Bread ☞ Tapioca Cream 	<ul style="list-style-type: none"> ☞ Beef Pot Pie Or ☞ Krunchie ☞ Perch/Lemon Wedge ☞ Steamed Parsley Potatoes ☞ Marinated salad ☞ Dinner Bun ☞ Butterscotch Pudding 	<ul style="list-style-type: none"> ☞ Lemon Chicken ☞ OR ☞ Sweet and Sour Pork ☞ Mushroom Fried Rice ☞ Oriental Vegetables ☞ Assorted Bread ☞ Pears & a Cookie 	<ul style="list-style-type: none"> ☞ Roast Beef with Gravy ☞ Horseradish OR ☞ Turkey Pot Pie ☞ Oven Roasted Potatoes ☞ Mashed Turnips ☞ Dinner Buns ☞ Fruit Pie

Barrhead: Spring/Summer 2018

3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oat Bran or Cold Cereal ☞ Scrambled Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Red River Cereal or Cold Cereal ☞ Melon Slices ☞ Yoghurt ☞ Raisin Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oatmeal or Cold Cereal ☞ Bacon ☞ French toast ☞ Syrup 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Cream of Wheat or Cold Cereal ☞ Fried Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oat bran or Cold Cereal ☞ Poached Egg ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Oatmeal or Cold Cereal ☞ Sausage ☞ Toast 	<ul style="list-style-type: none"> ☞ Assorted Juice ☞ Cream of Wheat or Cold Cereal ☞ Pancakes, fresh fruit & whipping cream ☞ Toast
	LUNCH	<ul style="list-style-type: none"> ☞ Beef Vegetable Soup ☞ Chicken Fingers/Plum Sauce ☞ French Fries ☞ Coleslaw ☞ Butter Pecan Cake 	<ul style="list-style-type: none"> ☞ Lentil Soup ☞ Salad Plate - Honey Ham, Potato Salad, Tomato Slices and Bun ☞ Tossed Salad ☞ Jell - O & Cookie 	<ul style="list-style-type: none"> ☞ Goulash Soup ☞ Tuna Salad Sandwich ☞ Beet Salad ☞ Strawberry Pudding 	<ul style="list-style-type: none"> ☞ Cream of Chicken Soup ☞ Roast Beef Sandwich ☞ Cauliflower Salad ☞ Watermelon 	<ul style="list-style-type: none"> ☞ Vegetable Soup ☞ Mushroom Cheddar Quiche ☞ Tossed Salad ☞ Ice Cream 	<ul style="list-style-type: none"> ☞ Cream of Tomato Soup ☞ Grilled Cheese Sandwich ☞ Dill Pickle Slice ☞ Ambrosia Dessert
DINNER		<ul style="list-style-type: none"> ☞ Residents Choice 	<ul style="list-style-type: none"> ☞ Liver w/ Bacon & Onions OR Pork ☞ Cutlet/Applesauce ☞ Mashed Potatoes ☞ Steamed Broccoli ☞ Dinner Bun ☞ Fresh fruit 	<ul style="list-style-type: none"> ☞ Oven Baked Chicken with Gravy Or ☞ Lasagna ☞ Mashed Potatoe ☞ Broccoli with Red Pepper ☞ White Roll ☞ Tropical Fruit 	<ul style="list-style-type: none"> ☞ Veal Cutlet w/ Mushroom Gravy OR ☞ Ham ☞ Oven Roast Potatoes ☞ Mixed Vegetables ☞ Brown Bread ☞ Carrot Cake w/ cream cheese icing 	<ul style="list-style-type: none"> ☞ Salmon Filet w/Hollandaise Sauce OR ☞ Teriyaki Pork Ribbet ☞ Lyonnaise Potatoes ☞ Wax Beans ☞ Whole Wheat Dinner Bun ☞ Mandarin Orange Sections 	<ul style="list-style-type: none"> ☞ Salisbury Steak with Onions & Gravy OR ☞ Chicken a La King ☞ Mashed Potatoes ☞ Carrots ☞ Assorted Bread ☞ Peaches