



Staff Appreciation & Long Service Awards recognize outstanding contributions by staff.
– Page 2



Kensington Village continues to grow with addition of division for Alzheimer's patients.
– Page 3



The Good Walk Golf Tournament raises funds and awareness.
– Page 3



Chairman of the Board realizes dream with celebration of 35th anniversary.
– Page 4



Shepherd's Care Foundation

Shepherd's Care Reflections

Hope for Alzheimer's Patients: New Facility to Open in Greenfield

With the support of the Greenfield community, Alberta Seniors and Community Supports, capital funding through the Affordable Housing Partnerships Initiative, and care funding through the Capital Health Region's designated assisted living (DAL) program, the Shepherd's Care Foundation has been blessed with the opportunity to purchase and renovate a facility in south Edmonton.

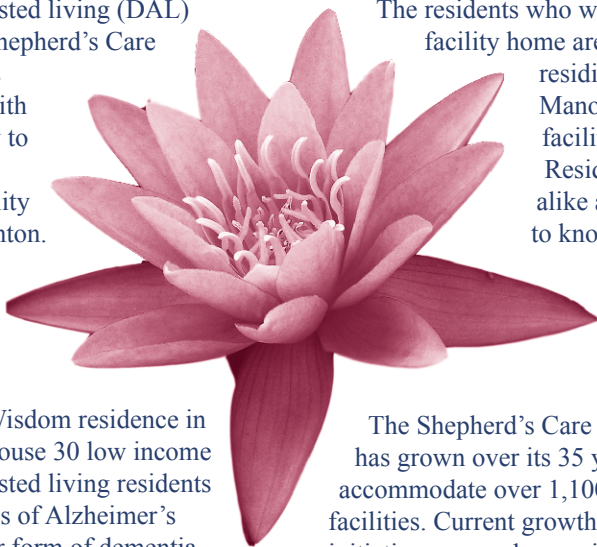
The Foundation has purchased the former Daughters of Wisdom residence in Greenfield to house 30 low income designated assisted living residents with a diagnosis of Alzheimer's disease or other form of dementia. The need for such housing for low-income seniors in the Capital Health Region is overwhelming—and the importance of providing services in keeping with the Shepherd's Care Foundation's age-in-place philosophy for such seniors is equally dramatic.

As of August 1, 2005, the Shepherd's Care Foundation took possession of the building. Renovations have started, and the Foundation hopes to complete renovations by mid-December of this year.

The residents who will call the new facility home are those currently residing in South Manor, a smaller, older facility in Ottewell. Residents and family alike are very pleased to know that the entire South Manor family will relocate together.

The Shepherd's Care Foundation has grown over its 35 years to accommodate over 1,100 residents in its facilities. Current growth and development initiatives are underway in an effort to grow the Christian care of the Shepherd's Care Foundation in other communities.

Turn to page three to read about further plans for expansion and efforts to provide true age-in-place care for the elderly.



What's New

Family Council – Family council efforts improve the quality of life for all our residents! The council, which is comprised of members of residents' families, allows families to support and encourage one another and provides a forum for education regarding residents' rights. Families can act as advocates for positive actions to improve resident care, speaking in the best interests of those who are physically or mentally unable to voice their own concerns and needs.

We are proud to have established two very active family councils at Kensington Village and Millwoods Shepherd's Care Centre. If you are interested in getting involved in the family councils, please watch for details in future articles.

Volunteer Opportunities – All Shepherd's Care locations are currently recruiting volunteers for a variety of positions. Enhance your resume, discover new interests, or simply make a new friend—there are so many reasons to volunteer! **Please contact Karin Ristau at 463-9810.**

Staff Recognized for Superior Service

During the summer, the Shepherd's Care Foundation hosted the Staff Appreciation & Long Service Awards and a barbeque at all Shepherd's Care sites. The Management Team is always proud to recognize staff members who have reached significant milestones in their careers with the Foundation—many of the recipients having worked with Shepherd's Care for five, ten, 15, and even 20 years.

In celebration of the 35th anniversary of the Shepherd's Care Foundation, the board established the President's Recognition Award to acknowledge outstanding service by individuals at all three Shepherd's Care locations. Granted by nomination only, the President's Recognition Award provides an opportunity for peers to recognize one another—and with several impressive nominations from which President John Pray selected four final recipients (one from each facility), it's clear that the staff and volunteers at Shepherd's Care appreciate the efforts and successes of their peers.

We are pleased to announce the recipients of the award:

- Annabelle Lee** – Kensington Village
- Elaine Nielsen, RN** – Millwood's Shepherd's Care Centre
- Sherry Young** – Southside Manor
- Ken Johnson** – South Manor

All winners of the President's Recognition Award have played significant roles in the ongoing success of the ministry of the Shepherd's Care Foundation. Also worthy of special recognition are the runners up for the award: **Teresa Glombica, Colleen Kidger, Christa Labrentz, Carol Morgan, and Beverly Woodford.**

To the recipients of all awards and to everyone who has contributed to the Shepherd's Care Foundation over the course of the past 35 years, well done and keep up the great work. Your efforts are sincerely appreciated.

A New Look for the Foundation

Notice something different about this edition of our newsletter? In celebration of the 35th anniversary of the Shepherd's Care Foundation, we have created a new look and feel for the organization—a look that will be reflected in all of our new communications materials.

The makeover began with a reconstruction of our logo. Our objective was to retain the image of the Shepherd—an image that means a great deal to our team, our residents, and everyone who has been involved with the Shepherd's Care Foundation—but pair it with other images that reflect our dedication to creating a caring Christian environment and our continued growth as a Foundation. The result? Our outsourced designer joined the Shepherd with the classic images of a heart and a flower.

Having energized our logo with new images, colour, and style, we are now in the process of re-designing the remainder of our materials. This newsletter is but one example of the great alterations we're making. Participants of the Good Walk Golf Tournament (see page three for details of the event) will have noticed the sleek new invitation and thank you brochure, and attendees of upcoming related tradeshows are likely to see our bold new presentation materials.

Although we are making changes in celebration of our anniversary, we also recognize the value of creating more visually appealing materials for fundraising purposes. As a not-for-profit organization, we are always looking for fresh ways to attract potential donors. We are interested in remaining at the forefront of our funders' minds and believe that, at this point in our development, we are in a prime position



Shepherd's Care Foundation

to update our look and remind people in Alberta of our commitment to Christian care, our longevity, and our fresh ideas for providing affordable solutions to low- and medium-income seniors.

At the Shepherd's Care Foundation, we are very excited to move into this next phase of our development. We invite you to contact us with any feedback you'd like to provide. Also, please visit our new Web site at www.ShepherdsCare.org to experience the easy-to-navigate, informative site that will help answer questions and clarify our continued mission.

Alzheimer's Patients to Call Kensington Village Home

Continuing with the goal of providing true age-in-place care for the elderly at Kensington Village, the Shepherd's Care Foundation has decided to expand the village to include two new facilities, both of which will meet the needs of Designated Assisted Living.

For two years, the Foundation has been planning to construct an addition to Kensington Manor to assist residents of all needs, and is now in a position to take on this new initiative.



Kensington Village is a continuing care retirement community serving over 500 residents on a 17-acre site in northwest Edmonton. Constructed in 1998, the facility provides a continuum of housing and health services in an environment that encourages maximum privacy and promotes age-in-place living and care. Kensington Village currently offers a range of housing types and levels of care, including condominium and rental apartment facilities and a lodge environment, as well as home care, designated assisted living, and long term care. Services and amenities are provided within the Julius Ekert Wellness Centre.

By offering a range of housing types and levels of care, Kensington Village allows residents to access care and services as their needs increase.

Until now, however, Kensington Village has not adequately provided for the needs of individuals who have mild to moderate Alzheimer's disease or dementia. The expansion of the Alzheimer's Care Cottages is intended to be the final component of a true age-in-place residential community at Kensington Village.

The new units in both facilities will offer personalized, specialized, and compassionate home-like environments for the residents and their families. Each Designated Assisted Living space will provide full wheelchair accessibility on campus, private rooms, emergency call systems in each unit, and the added protection offered by a wander-guard security system.

When completed, the two facilities will provide 68 beds with a range of additional services and a welcoming environment—all priced to accommodate low- to medium-income seniors. For further information on these new facilities and when they are expected to open, please contact the Shepherd's Care Foundation.

And God is able to make all grace abundant to you, so that in all things at all times, having all that you need, you will abound in every good work.
2 Corinthians 9:8



The Good Walk Golf Tournament

Billy Graham once said, "The only time my prayers are never answered is on the golf course." For many people, golf truly is a good walk spoiled—but for the friends of the Shepherd's Care Foundation, a day on the golf course presented a great opportunity to team up with old friends to raise much-needed funds for the Foundation.

Held on the afternoon of June 13th at the Eagle Rock Golf Course in Beaumont, the golf tournament saw 17 teams of four take a lot of good shots in a Texas Scramble-style competition. There were several highlights to the games, which finished off with a delicious barbeque hosted at the Shepherd's Care Centre in Millwoods.

Thanks to the support of everyone who participated and the generous assistance of our sponsors, including the Jasper Park Lodge and the Eagle Rock Golf Course, we were able to raise \$36,000. This money will help us purchase furnishings for the new Cottages at Kensington Village.

We look forward to hosting our 10th annual golf tournament next year. Read about our plans and how you can get involved in the Winter 2006 edition of this newsletter.

Getting to Know the Board: Al Kalke



Kurt Feigel, Stan Woloshyn, and Al Kalke

When a small group of friends, among them Al Kalke, dreamed up a not-for-profit organization for the elderly that would combine the extended care services of a hospital with the friendly, warm community of a seniors' housing centre

and age-in-place services, they could not have known that 35 years later their dream would be both fully realized and thriving.

Now the Chairman of the Board for the Shepherd's Care Foundation, Al reflects on the Foundation's genesis with a bit of wonder, a bit of awe. "We wanted a place for the aged that would allow people with different health needs to interact with one another," says Al. "Nobody at that time thought it would work, but it did work. It turned out that seniors wanted to help other seniors."

After 35 years with the Foundation, Al has seen first hand the positive changes a small group of people working together with dedication can achieve. With the support of community-minded

organizations and individuals, the Shepherd's Care Foundation now provides a caring, Christian environment for over 1,100 seniors of all needs and income levels across Edmonton.

But even after he and vice-chairman Kurt Feigel received a recognition award last year from then Minister of Seniors Stan Woloshyn, Al remains humble about his achievements. "The Foundation has been successful as a not-for-profit because the people involved are so strong," he contends. "The real awards should be given to the volunteers and staff who give countless hours to carrying out our vision."

The Board of Directors at the Shepherd's Care Foundation is comprised of 13 individuals representing three churches.

Summer Recreation Programs Reach for the Top

At the Shepherd's Care Foundation, our summer students are instrumental to the success of many of our recreation programs. This year, our recreation department welcomed two summer students with a keen interest in the health care field. These students worked tirelessly for the Foundation during the summer months, entertaining our residents with walks through the facilities and the garden areas, card games, and knitting.

Each year, our summer students have the opportunity to help our residents crack the books, challenge their minds, and study until their grey matter is red hot. They prepare a select group of residents to compete in *Reach for the Top*, a quiz challenge that matches representatives of the Shepherd's Care Foundation against five other Edmonton-based teams.

Having taken home the trophy in 2002 and 2003, the Shepherd's Care team was ready to reclaim the title of Champion this year. With the ongoing assistance of our dedicated summer students, the team showed very well at 2005's *Reach for the Top*.



Additional summer recreation programs included the following:

- **Out-Trips:** The summer months drew our residents and staff outdoors. We enjoyed picnics, scenic drives, and pie and coffee at the Eagle Rock Golf Course.
- **Ice Cream Socials:** There's nothing like cold ice cream on a hot day! For many of our residents, Thursday's ice cream socials provided a great opportunity to get creative with homemade sundaes and chat with other residents. For those who were less interested in socializing, our volunteers drove an ice cream cart from door to door, allowing everyone to enjoy the sweeter side of summer.



Shepherd's Care Foundation

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Shepherd's Care Greenfield
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